ON THE COVER:

JOURNALISM'S GENTLE GURU

Frank McCulloch, the Examiner's managing editor, talks about a career that's taken him from the L.A. Times to Vietnam, and made him one of the most influential and respected journalists in America (p. 29)

THE LEGISLATURE'S DRUG PUSHERS

A year after the state Supreme Court gave mental patients the right to refuse dangerous medication, the California Psychiatric Association is moving rapidly in the Legislature to end that right (p. 17)

FIT FOR WORK

Employers are discovering that workplace wellness programs can cut costs and improve morale

Plus: The sickly state of California health insurance — and what small businesses can do about it. A special Health and Fitness supplement (p. 26)
Champagne & Mt. Bikes

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Health and Fitness

Special pullout section: Employers are discovering that workplace wellness programs can cut costs and improve morale. Plus: The sticky state of California's health insurance — and what small businesses can do about it. Cover photo of Frank McCulloch by Haruko.
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IN THIS ISSUE

Fighting back

THESE ARE exciting times at the newspaper because, in large part, of the thrills and fascination of finding out. It feels as if the opposition list of the Reagan '86s is finally beginning to crack from the pressure of popular movements and new ideas. The local rally last Saturday at the Oakland Coliseum for Nelson Mandela seems but one example.

From the moment we arrived there was a grand spirit of friendship around a very small but determined crowd of activists, union workers, parents and hip-hop teens who felt part of a movement that made history. Under a sunny blue sky, "a beautiful black man," as one fan put it, and a joyful crowd of 38,000 paid tribute to each other for keeping the apartheid struggle alive. See Rob Water's report on the visit of Nelson Mandela to the Bay Area on page 21.

Here in the city, on the same weekend, the National Organization for Women held its 26th annual conference. It was another high-spirited event about not giving up the fight. And NOW still has a long list of battle fronts. The goals of this 36-year-old organization — abortion rights, child care — are the same ones that women have lobbied and marched for since NOW was formed. But as our report on page 37 says, NOW's becoming more politically savvy, and its membership is growing, way up.

We also had the rare opportunity to interview Susan Minnemana, a featured speaker at the conference, about her experience of women inside South Africa's Nelson Mandela Congress. Ten, black women are playing a vital role in ending white-minority rule of the black majority. But Minnemana, a "cadre" in the ANC, had other things on her mind when she gave Jean太平son an unusual interview about discrimination against women within the ANC.

Also in this week's paper is the fourth in our series on mental health in the '90s. Kicked off with the return of electroshock therapy, and continued with the "Perils of Fanta" and our interview with noted/communicator Kate Miller, who wrote a book about her incarceration in the "loony bin," this week's installment focuses on the assault on mental patients' right to refuse life-threatening drugs. Patients won that right only last year with a ruling from the California Supreme Court. For the first time, mental patients were given the same treatment that cancer patients and all others in hospitals take for granted.

The state's psychiatric lobby, and a few regulatory funded by big drug companies, didn't like the idea of giving even a modicum of control to mental patients, and have waged an ugly fight to overturn the landmark Supreme Court ruling.

Fortunately, there is a large though relatively unknown movement for patients' rights that, like the anti-apartheid movement and NOW, is fighting back.

Hopefully, these movements and others like them are signs that the times are indeed changing.
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THE SAN FRANCISCO BAY GUARDIAN | JULY 4, 1990 5
The assault on patients' rights

In 1989, the California Supreme Court handed down a landmark ruling for the rights of patients in the case of Rinse vs. St. Mary's, established for the first time that mental patients, even those admitted involuntarily, had a right to refuse medication that might be harmful to their health.

Now, representatives of the psychiatric establishment and the pharmaceutical companies are attempting to overturn that decision. A bill that is pending in the state legislature, AB 2784, would be a serious setback for patients' rights. It should be soundly defeated.

The bill would change a fundamental tenant of the Rinse decision — the right of a mental patient to have an independent, court-appointed advocate who either he or she is competent to refuse medication. Under the Rinse decision, that decision would be up to a psychiatrist appointed by the county. Patients' rights groups argue, with good reason, that psychiatrists are not independent observers, that they are unlikely to override other doctors and side with a patient.

The issue is hardly academic. For years, as Vincent Bilski points out in his story on page 19, California hospitals have used psychiatric drugs like Thorazine as "chemical restraint" to keep patients calm and orderly. But the drugs can have severe side effects, including, in some cases, brain damage and death.

Some mental patients are so violent or so badly disturbed that they are incapable of making decisions for themselves. But local doctors report that under the strictures of the Rinse decision, most of these patients have taken their medicine without dispute, and when they haven't, hearing officers have had to intervene and override them. In other words, the decision has not created the sort of problems psychiatry lobby claims.

Controlling one's own body is a basic human right. Rinse vs. St. Mary's was a sound decision, and the Legislature should leave it alone.
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On Guard

OPPONENTS LOSE BATTLE TO PULL FUNDS FROM STATE MILITIA

CALIFORNIA'S VOLUNTEER MILITIA lost a major budget battle in May but finally won the war when the Senate Appropriations Committee on the Budget Bill voted last week to continue its $301,000 state funding for another year.

The State Military Reserve, charged with supporting "civil disturbances" and battling "terrorists" if the National Guard is called to serve outside the United States, has come under fire for its ties to the far right and plans to spy on domestic dissidents (See Bay Guardian, 1/12/79). As part of those concerns, the legislature last year authorized the Assembly Ways and Means Subcommittee on State Administration, at the urging of Assemblyman John Burton (D-SF), to vote May 29th to stop state funding for the militia.

The SMR is a cadre of unpaid officers who drill at San Francisco's Fort Funston and 25 other armories throughout the state. If mobilized in an emergency, they would train and command as many as 20,000 conscripts to enforce order with automatic rifles and 40-shot revolvers.

During last year's budget hearings, Burton criticized the SMR mobilization plan for its provisions for gathering intelligence on suspected domestic enemies. When State Senator General Robert Thrasher said those sections would be removed, the Subcommittee on State Administration voted to continue the militia's funding.

But during this year's hearings, Dan Galpern of the Friends Committee on Legislation testified that the SMR mobilization plan still contains sections entitled "priority intelligence requirements" that obligate recruits to identity "what agencies are instrumental in activities designed to lead to actions or conditions detrimental to U.S. interests." and "Where are the centers of operations or communications for anti-U.S. personnel and activities?"

Moreover, Galpern pointed out, according to a Military Department report, many officers have intelligence and security assignments. "We believe," he said, "the SMR would target citizens who protest sending the National Guard overseas for war."

The placement of an SMR recruiting ad in a survivalist magazine last July probably clinched the subcommittee's decision to vote the appropriation.

Earlier this year, Senator Milton Marks (D-SF) introduced a bill to abolish the SMR after the Bay Guard published an article describing the militia, but, under pressure from the Military Department, it died in the Senate Appropriations Committee.

Several other states have moved to restrict or stop funding similar militia organizations, established under a little-known Reagan administration program and supported politically by the Department of Defense (See Bay Guardian, 4/16/79). While Senator Strom Thurmond and Representative Floyd Spence, both of South Carolina, have introduced legislation to provide federal weapons and Army training to the state militias, their bills have not advanced as far as the SMR. On the conference committee, Assemblywoman Maxine Waters (D-L.A.) pushed to stop funding the militias, but according to budget analyst Grant Miller, the senators on the committee were simply avoiding any discussion of the state's funding of the militias.

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SACTO WATCH

Fighting corporate crime: Because many corporations appear to support free for violations of the law just as a normal cost of doing business, two legislators have introduced bills that would increase the penalties for criminal activity by corporations, according to the Sierra Club California Legislative Agenda newsletter (6/25/79).

The bill, sponsored by Senator Gary Hart (D-Berkeley), allows the state to sue corporations on probation for criminal violations; courts could then force a change in

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SF CREATES FUND TO PRESERVE ITS BITS OF WILDERNESS

SAN FRANCISCO'S OPEN SPACE ADVISORY COMMITTEE, after recommendations from the California Native Plant Society and neighborhood organizations, has this spring created a fund to bring money to acquire six privately-owned plots of land where landscapes, plants and habitat of the native species are threatened. The plots are all in San Francisco and San Mateo counties, but the fund is open to any county in the state.

The Open Space Advisory Committee, a citizens' group appointed by the city's Recreation and Park Department, allocates city funds for open space; most of the money goes to maintain and acquire land for parks, playgrounds and other open recreational space, though some has been previously used to acquire natural areas.

The idea of the Natural Areas Fund for acquiring lands with landscape and plant species typical of San Francisco and San Mateo counties before the California Native Plant Society and community organizations, the Open Space Advisory Committee. City funds had been used to acquire natural areas.

In the City's recreation and park department, the California Native Plant Society and community organizations, the Open Space Advisory Committee. City funds had been used to acquire natural areas.

In the City's recreation and park department, the California Native Plant Society and community organizations, the Open Space Advisory Committee. City funds had been used to acquire natural areas.
companies, providing marketing, advertising, printing, distribution and office space for both newspapers. In 1986, the JOA was renegotiated, giving the News-Sentinel a 72-28 profit split and the right to publish seven mornings a week.

The Journal, which was relegated to publishing weekday afternoons and Saturday mornings, lost circulation after the 1986 renegotiation. "The 1986 agreement guaranteed the Journal was going to die," Robert Picard, an expert on newspaper economics and a California State University Fullerton communications professor, told the Bay Guardian.

Under the new agreement, announced last month, Scripps will pay Peris $40 million in lieu of money the Journal would have received under the joint operating agreement. The agreement is expected to take effect Dec. 31, 1991.

It is a paradox of JOAs that, while they were created to preserve editorial competition, the market penetration of afternoon newspapers typically declines to such an extent that they cannot survive once the JOA expires. In Miami and St. Louis, the weaker JOA partners have folded.

A similar situation may exist in San Francisco, where the Examiner has only 7.5 percent market penetration. Compared to Knoxville, Picard said, "things are worse in San Francisco, frankly." The JOA between the Chronicle and the Examiner expires in 1995, although the Examiner may extend the current agreement another ten years.

But Picard said the Journal may have found an escape valve by purchasing the suburban Daily Times in nearby Maryville. The two papers, Picard said, could form an internal JOA to keep printing and other costs down and keep the Journal competitive.

Picard said the Hearst Corporation, which owns the Ex, might also consider buying a suburban newspaper or newspaper chain if it decides to compete with the Chronicle. "You have the possibility of having the same economics of scale that you have with a JOA," he said. "That possibility exists in San Francisco, particularly because of the pride of the Heart family."

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**KNOXVILLE NEWSPAPERS SUSPEND JOA AGREEMENT**

IN A MOVE that will probably be closely watched by the owners of San Francisco's daily newspapers, two Tennessee dailies — the Knoxville News-Sentinel and the Knoxville Journal — have agreed to dissolve their joint operating agreement.

Thurston Twigg-Smith, president of Honolulu-based Peris Corporation, which purchased the Journal in 1988, indicated in a prepared statement that the divorce was an attempt to restore head-to-head financial competition before the Journal was too weak to survive.

"Once we concluded that it was unlikely that the JOA would be extended beyond 2005," he said, "we wanted to begin separate publications at a time when the Journal was a strong and vital part of the Knoxville community."

Under a 1992 agreement, the News-Sentinel, owned by The E.W. Scripps Company, provides marketing, advertising, printing, distribution and office space for both newspapers. In 1986, the JOA was renegotiated, giving the News-Sentinel a 72-28 profit split and the right to publish seven mornings a week.

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**U.S. SOLDIERS HARASS U.S. FILM CREW IN PANAMA**

IN A PANAMANIAN refugee camp last month, soldiers from the U.S. Southern Command confronted a U.S. film crew that was interviewing Panamanian refugees. The soldiers continued next page

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**SHORT TAKES**

Friday: Registration opens for the American Civil Liberties Union of Northern California's Annual Conference, "Civil Liberties: An Inside Look," Friday, Saturday, Sunday, 4 p.m. UC Berkeley, Davis Center, $45. Info: 821-0403

Saturday: An "International Day of Solidarity with Students of Socialist and Democratic Countries," sponsored by Socialist Action and International Viewpoint features Chris Nitsa, a former member of the Albanian national congress, Esteban Veloz, president of the International League of Socialists, and Fatigi, the leader of the Bangladeshi students' union, 11 a.m. City College, 11 a.m. City College, 2 p.m. Community Church, 2 p.m. City College, 5 p.m. Hibernia

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tested to stop the interviews and confiscate the videotape and equipment. An estimated 500 residents of the camp surrounded and protected the crew and hid its taped footage.

The crew, from Ronin Films (aka the Santa Monica-based Empowerment Project) returned to Los Angeles this week.

Barbara Trent, EP's co-director and the director and co-producer of the Panama film, told the Bay Guardian her crew's confrontation with Southern Command military police and members of the U.S. Army Criminal Investigations Division took place at the Albrook Field Deployed Persons Camp, a civilian war refugee facility administered jointly by the Panamanian Red Cross and the Panamanian government's Office for Disaster Assistance.

"The camp was exclusively a Panamanian facility, and we had permission to be there from Panamanian disaster authorities, the Red Cross and the council set up by the government to govern the camp, so I didn't understand why the SouthCom people were even there," said Trent. "The refugees saved the day for us," she added. "They got us between us and the military, surrounded us and eventually walked us over to the office used by the Disaster Assistance people. They even hid our tapes.

"The people wanted us there," Trent continued. "Because they desperately wanted to tell the world about the losses they suffered during the invasion, and the camp conditions they've been forced to live under for the last six months. During the incident, which she said her crew captured on film, the CID people refused to explain to her or the Panamanian officials why or on whose authority they were trying to stop the filming. Eventually, after a series of negotiations between the Panamanians and representatives from SouthCom, the EP crew finished its interviews and left the camp.

Lt. Col. Robert Denley, deputy director of public affairs for SouthCom, said the MP's actions were "definitely wrong. They are there only to assist the Panamanians and had no authority to interfere."

Asked why Army CID officials were participating in trying to stop the EP crew from filming, Denley said, "That's a good question. I really don't know and haven't been able to find out why.

Gary Meyer, co-director of EP and co-producer of the film, said the crew also brought back several interviews that apparently describe the U.S. use of laser weapons during last December's invasion. One Panamanian,- he said "is a bright red light, which made a distinctive sound that he repeated for us on camera, and was then followed by an explosion," Meyer said. Another family said they had an intense white light come through their apartment window and explode whatever object it hit.

Trent added that several people said they had seen "a Panamanian soldier killed by a laser beam."

Trent reported that she had questions with regard to the attack on SouthCom, about the reports that laser weapons were used. "He responded by saying that was correct, and that lasers were only used by the U.S. Air Force to pinpoint targets," Trent recalled.

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THE SAN FRANCISCO BAY GUARDIAN • JULY 4, 1990 11
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THE SAN FRANCISCO BAY GUARDIAN | JULY 4, 1990
By Laura Fraser

THe OAKLAND Tribune's recent announcement that its financial woes would require a restructuring of the paper — cutting $8 million from payroll costs — came as no surprise to anyone who has followed the Tribune over the years.

Some staff members and observers wonder whether the paper will outlive this latest financial crisis, or if publisher Robert Maynard will be forced to sell the paper to keep it going, others see it as just another round of the Tribune doing what it has always had to do survive.

When Maynard bought the Tribune from the Ganett Co. in 1983, he inherited a problem of problems along with a huge debt. Ganett had bought the Tribune from a company called Combined Communications, mainly for the billboard companies and television stations it owned — not for the Tribune itself.

"It was an unusual acquisition for Ganett, which made a specialty of buying separate monopolies, with no boundary competition," says Ben Bagdikian, author of The Media Monopoly and former dean of the UC Berkeley School of Journalism. Ganett didn't pour its resources into the Tribune, but instead directed them toward USA Today prototype East Bay Today, which had many graphics but no success.

At the time, the Chronicle Broadcasting Company put its TV station, KRON, up for sale. Ganett was interested, but unsure whether it could buy a TV station in the same market as its newspaper, under FCC regulations, the chain was eager to unload the Tribune.

The paper was hardly profitable. It had few major advertisers, declining circulation and antiquated equipment. So Ganett finally sold the Tribune to its editor, Bob Maynard, who had a solid journalistic reputation but very little (if any) personal wealth. Ganett gave Maynard a long-term loan, for him to take over the paper with essentially no money down, and delayed almost all payments for five years. (The KRON deal ultimately fell through.)

Maynard became the only black owner of a major daily newspaper in the United States — but he did so with no real capital and a $17 million debt. Despite its economic problems — which worsened when Oakland lost its major department store, Liberty — the Tribune started doing better journalism. But the paper was being squeezed from both sides (a giant chain, Knight-Ridder, in San Jose; a JOA across the Bay; the powerful Lenske and Singleton chains in Contra Costa and eastern Alameda counties), and a series of tense, graceful management strategies took their toll.

One was an effort to expand into Contra Costa County, which didn't work. One staffer says that strategy failed in part because the Tribune was a black-owned newspaper that had appeal a minority-black community. "Let's call it a Contra Costa racial."

Then the Tribune turned southward, to Alameda as far as Hayward, to another unsuccessful marketing strategy. Meanwhile, Maynard kept aloft in part by telling off Tribune real estate to the Oakland Redevelopment Agency (see Bay Guardian, 3/7/85).

Whether the Tribune will survive, according to Bagdikian, depends on whether the long-promised revitalization of downtown Oakland will ever happen, with a resurgence of retail activity. "Oakland is changing demographically," says Bagdikian. "There are things in his favor, if he can hold out long enough.

Some major numbers are less encouraging. "We have a grave concern about the survivability of this newspaper," says one. Apparently, revenues have been flowing from the newer, more costly companies to the owners of the other major dailies in the area.

Other employees, though, say they have a deep and abiding attachment to the paper, and to the city. They say the key to the paper's success may be focusing on Oakland.

"We've got to put Oakland back on the map," said one staffer. "It's incredible that a city of 360,000, with the potential everybody seems to agree it has, could be without its own voice and its own newspaper."

Meantime, editorial employees are being offered a volunteer, incentive termination package, but no one knows whether enough of them — 23 — will quit to meet Maynard's financial goals. If not, he'll start having to hammer out concessions with the unions.

THIE FRONT-PACE Examiner headline after the Supreme Court's decision upholding parental consent requirements for minors' abortion read, "Parents win in teen abortion decision."

One might think from the headline that parents — all parents? — were fighting for the parental notification rule. It sounded like the decision was a big victory for parents everywhere.

But parents support a young woman's right to have an abortion without having to tell her parents. One such parent is Dr. W. Hodgson, the plaintiff in the Minnesota case, where the court ruled two-parent notification was OK as long as there was a judicial bypass provision. Hodgson considers obstacles to abortions as obstacles to good health care. "Of course I'm interested in parental involvement, but I know that sometimes that's an impossibility," she says.

Hodgson, a 73-year-old mother of four, performs abortions in Duluth, Minnesota, where women come from hundreds of miles around because no one in their home towns will do the procedure. She says the regulation for judicial bypass would place undue strain on teens seeking abortions.

So much for parents "winning" this one.

Some women in Minnesota are considering telling their parents, that they "agree to great measures to avoid getting into trouble. One college woman in Duluth was so scared of her parents finding out that she disappeared for a few days in March, to have the abortion, then told police she had been kidnapped. The police used this as an opportunity to snatch local woman's health clinic for confidential records. When the woman was caught, she said she had done it "just to save myself from getting into trouble." When the local paper, the Duluth News-Tribune, found out, ran it as a story, titled, "Records say alleged kidnapping a cover for abortion," and named the woman. So much for confidentiality.

THE CHRONICLE seems to be using any pretense to whip Senator Alan Cranston in print. Witness the June 26th story by Washington Bureau Chief Larry Liebert.

The story, such as it was, amounted to nothing more than Cranston, head of the Foreign Relations Subcommittee on East Asian and Pacific Affairs, was asked a routine, legitimate business trip to the Orient. In fact, the subtext of the story was that the trip was "business as usual for beleaguered senator." From the first sentence, Liebert designed to Cranston's ethics problems: "Alan Cranston, apparently eager to demonstrate that he is what many claim he is, a man of style, he began a tour of the Orient as a senator," will leave today for India and Pakistan ....

The story went on to repeat Cranston's gaffes with S&L owner Charles Keating Jr., then noted, "Cranston provided every possible example that he is avoiding normal, legitimate business activity."

This is a news story.

AND WHAT ABOUT THIS? The same day, the Chronicle ran a large headline story that the Bay Area producer arrested because he allegedly told N Ireland's E'IRV and doesn't tell her customers. This kind of sensational coverage — cherrypick photo and all — perpetuates a not-very-accurate rumor that produces a sea of BIDS. They don't. In fact, as COVOTE has tried to point out, they tend to teach their clients about safe sex.

The Chronicle seems to know everything about the client's responsibility to protect themselves. Women have known for a long time that it's risky not to use a condom. Bay Guardian interns, San Francisco contributed to this column.
Wrong questions, wrong answers

By Tim Redmond

THERE'S NOTHING like a column that talks about being a columnist, so I'm only going to say this once. Listen. This used to be a regular gig, way back when Diann Feinstein was mayor and the bars still opened at six, when I used to show up at work at a quarter to nine, after all my friends went to bed and there was nothing else to do, trying to suck down a 14-ounce Bud on the corner of 9th and York to calm my nerves before anybody from management showed up at the Guardian Building.

Then all of a sudden it seemed as if everyone I knew was giving up drugs, and the whole world was becoming clean, sober and very, very gray, and even though I swear I'd never been managing anything, I wound up with a responsible job. And I spent a lot of my day in meetings, and I got a lot more sleep, and I stopped drinking before noon, and somehow, the column called Unsay at Amy Speed just didn't make the cut.

Now we've moved to this new building, with light and airy, and the sort of complicated electronic alphabet soup that draws drunks from firing up their cars, my office smells more like an office than a dive, and all the old paper gets recycled. And I've been a long, long time since I've had to put a killer on hold so I can lead over and vomit in the wastebasket.

And I get people are starting to worry about my sanity, because all I've been hearing for the past few weeks is talk about how I ought to start writing my column again.

So, I try to give up. As Pete Townshend once said, each to his own. Unsay is back.

EARLY ONE December morning in 1984, I drove over to Sacramento to talk to an architect named Sam Van der Ryn, one of the smartest and most interesting people I've ever met.

In the hazy days of the early Jerry Brown Era, Van der Ryn had been the director of something called the Office of Appropriate Technology, a strange and wonderful project that ranks as perhaps the most radical thing any major American politician has done since George Washington released a third term.

The folks at OAT, like a lot of people brought into government, weren't all that public, and once they were inside, they sort of disappeared, and in retrospect, they may not have accomplished all that much. But for a few years, they brought a visionary new perspective to state government. As OAT's rate engineer veterinarian, I wasn't sure about saying No. It was about saying Yes, differently.

By the time George Deukmejian took over the Governor's Office, politicians who talked about "appropriate technologies" were loudly dismissed. Whacko, Van der Ryn's experience was shut down, and like monks preserving the secrets of knowledge in the Dark Ages, the OAT survivors disappeared into private life, teaching, writing, planning and talking to anyone who still cared enough to listen.

Sam Van der Ryn went back to architecture, working out of a small office on Gate Five Road and teaching a few days a week at UC Berkeley. By 1984, San Francisco was in the midst of a heated debate over office development, growth limits and Mayor Feinstein's Downtown Plan. I figured Van der Ryn might have a few ideas about our city planning mess.

I thought I brought about this interview when I read all the newspaper stories about "government estabishes" that protected the spotted owl and ending the uncontrolled logging of "ancient forests" would "save thousands of jobs in the Pacific Northwest over the next ten years".

The debate has been framed in stark, simple terms: Save the owls or save the timber. Protect nature or protect jobs. Most people will never even see, and the families of 28,000 decent, hard-working people might lose their homes. Make room for the owls to hunt for food, and thousands of hard-working families may have to go to bed hungry.

And I kept coming back to Sam Van der Ryn told me that morning six years ago, when he asked him what was wrong with the Downtown Plan.

"It's simple," he told me. "If you ask the wrong questions, you generally wind up with the wrong answers."

IN THE Mattole River Valley, on the southwestern edge of Humboldt County, a lot of folks used to rely on the logging industry to put food on their plates. Some of them still do.

But logging isn't the dominant industry in the Mattole Valley anymore. The Mattole River Basin is home to some 250 miles of the Mattole River, and the Mattole, which is the second-longest river in California, is the only fishery that has been designated a "critical" species by the State of California. It's home to more than 20 species of fish, and it's home to the only species of salmon in the state that can be found in the Pacific Ocean.

But the economy of the Mattole River Basin is facing a significant challenge. The Mattole River is home to one of the largest salmon populations in the state, and it's also home to one of the most endangered species of salmon in the world. The Mattole River is home to the only salmon that can be found in the Pacific Ocean.

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THE ASSAULT ON PATIENTS' RIGHTS

A few state legislators — funded by large pharmaceutical companies — are fighting to overturn a fundamental right for mental patients: The right to refuse dangerous drugs

By Vince Bielek

In 1985, Eleanor Rice, accompanied by her printer, admitted herself to St. Mary's Hospital in San Francisco for psychiatric treatment. She had been suffering severe panic attacks, and her psychiatrist, Dr. Mary's wife, would n't be able to settle her nerves.

Instead, she grew steadily more terrorized. More than once, according to a lawsuit filed against St. Mary's hospitals staff called "Rice" to a small seclusion room and forcibly injected her with powerful antipsychotic drugs. She had refused to take the drugs because they caused severe side effects.

The forced drugging of mental patients was common practice in California psychiatric facilities until 1999, when Rice successfully sued St. Mary's and won. A self-taught woman and devout Catholic, Rice became an unmistakable heroine of a burgeoning patients' rights movement in California. Her landmark lawsuit, Rice vs. St. Mary's, ushered in a new era of patients' rights by giving mental patients, for the first time, what seems like a basic right: the right to refuse antipsychotic drugs.

For the patients' rights movement, a large but little-known network of thousands of former mental patients, "psychiatric survivors," as they call themselves, the Rice decision was the biggest victory in 25 years, affecting the 32,000 patients who are involuntarily held at any one time in California hospitals. The Rice decision gave to mental patients what all other hospitalized patients enjoy — some dignity in deciding their own treatment, says Oakland attorney Collette Hughes, who handled the groundbreaking case. And like other patients, many psychiatric patients are capable of deciding what treatment works for them.

"Most patients may seem loony to others," explained Melissa Doar, executive director of Patients' Rights Advocacy Services in San Francisco. "But very few patients are incapable of making treatment decisions for themselves." The right to refuse was also important, Doar said, because the benefits of antipsychotics have been greatly exaggerated over the years, while their dangerous and even deadly side effects have been too often ignored.

The Rice victory, however, may be short-lived. A year after the Information and Consent law took effect in California hospitals, the combined might of the California Psychiatric Association, an organization that the California Alliance for the Mentally Ill and a few Sacramento legislators — with the financial backing of the nation's major pharmaceutical companies — has come very close to overturning the landmark patients' rights decision in the Legislature.

The battle has been intense. In the view of the CPA, the nation's psychiatric lobby, "hospitals are for drug and other medical treatment. If patients don't want drug treatment, and are capable of saying so, they don't belong in a hospital." CPA lobbyist Sue North told the Bay Guardian.

Opponents of the Rice decision have painted scenarios of patients refusing drugs on mazes, leading to violence and chaos on wards. Moreover, now that drugs have become the basic tools of psychiatry, hospitals, psychiatrists and drug companies stand to lose money if patients refuse to swallow their prescriptions.

Today, insurance companies and McAll require psychiatrists across the state to administer drugs to patients, according to Jens Gannam, assistant clinical professor, Department of Psychiatry, at the University of California at San Francisco, and a researcher into the informed consent process. "Insurance companies and McAll are prone to discover patients who are not medicated. This gives hospitals strong financial reasons to medicate patients."

In the Legislature, Assemblyman Bruce Bronsman, a Fresno Democrat whose biggest campaign contributors include many psychiatric associations and pharmaceutical companies, has led the fight against patients' rights. Bronsman and other opponents' strategy has been to try to gut the due-process provisions of the Rice decision.

The Rice decision allows a psychiatrist a mechanism for drugging a patient who refuses treatment. The psychiatrist can call for a judicial hearing, where he or she has to prove to a court-appointed hearing officer, who is not a psychiatrist, that the patient is mentally incompetent to make treatment decisions.

This week, the Assembly Health Committee will vote on the first of two bills that attack the process. Senator Robert Peskin's Bill, the most severe of the two, basically replaces the independent judicial hearing with one held by a psychiatrist.

The psychiatric facility holding the hearing would report the psychiatrist, who would have no financial connection to the facility, to judge the case. Supporters of the Peskin bill, AB 2784, say judicial hearings under the Rice decision have caused needless delays in drugging patients who are found incompetent, and that psychiatrists will make competency decisions much faster.

"It's expensive and inhuman for someone to sit for days without treatment while they wait for a hearing. They end up suffering," North said.

But patients' rights advocates say using psychiatrists as judges is just a clever way to undermine the right to refuse. "Psychiatrists won't act independently. They belong to an old-boy network and are going to take the hospitals' position and find all the patients incompetent," said Doar. "It's the psychiatrists' way of overruling Rice."

BEFORE RICE won her lawsuit, forced drugging was rampant in California psychiatric facilities, Gannam told the Bay Guardian. "What was happening throughout the state was if a patient was admitted involuntarily, the likelihood of him being medicated was very great," he explained.

The reason, Gannam added, was that the mental health budget has been stripped to the bone. "The hospitals are understaffed and underfunded. It's just a lot easier to control people pharmacologically than to spend time talking to them and finding out what their real problems are," Rice's attorney, Collette Hughes, said she agrees. "I interviewed dozens of patients [from St. Mary's] and their stories were strikingly similar to Eleanor Rice's story," she said.

Rice's story, as told in court papers, provides a disturbing glimpse of life on a psychiatric ward before the landmark court decision.

A cooperative patient with a history of schizophrenia, Rice followed her psychiatrist's advice and took a variety of powerful antipsychotic drugs, including Mellaril, Cogentin and Moban. But she soon began suffering severe side effects from them.

"They make me suffer chronic physical and emotional side effects," she declared in her statement, including diarrhea, blurred vision, tremors and the inability to walk or even raise her eyelids.

Rice's complaints to staff, however, were met with even more drugs, as the psychiatrist doubled her dosage. On one occasion, she was dragg she was drugged simply for being "loud andcantact," Rice's court brief noted. "The drugs were undoubtedly being used as chemical restraint, not treatment," it said.

When she finally refused to take the additional dosage, her real troubles began. Before refusing drugs, Rice was a voluntary patient, and under the law, she could make her own treatment decisions. But St. Mary's didn't approve of her refusal, and reclassified her as an involuntary patient, on the grounds that she had become a danger to others. That allowed psychiatrists to drug her forcibly, Hughes said.

"The doctor told me I had to put on the involuntary hold because I would not always take all the antipsychotic drugs he wanted me to," Rice stated in her declaration.

Under the law, refusing to take medications isn't a reason to commit a patient.
Patients' rights continued from previous page

time. And the staff later admitted that Rien's refusal was "perfectly sensible," according to the brief. Nonetheless, her outer ear was "prominent" and Rien was "advised to the sedation room" by staff and "strapped, immobilized, injected with the antipsychotics she had refused and left to lie there for hours. Rien called the sedation room a "horrible chamber," in her declaration.

Rien's attorneys successfully argued in court that "providing treatment is one of the many euphemisms repeatedly used by Hospital... to describe the forced drugging of Rien." It is a "shitty gaffe for expulsion and control.

The lawsuit, which won at the Court of Appeals and was unanimously upheld by the state Supreme Court, placed the "right to refuse" in the way of the expediency. The court, building on the last-minute Peri-Short Act of the late 1960s, the first major victory of the patients' rights movement, which gave involuntary-hold patients the same basic rights as all other civilians, abolished facilities from administering antipsychotics to patients committed for as long as 17 days without their informed consent, except in emergency.

"Rien was a case about the right to be free of indignities," said Hughes. "This case is about the type of procedure doctors want to do more with their patients."

"With the patients' right to informed consent, doctors would be forced to talk with patients about their problems and treatment, about whether or not drugs for them, and to take their subjective concerns seriously, rather than just drugging them," he said.

"It was more of a wake-up call to patients' dignity. Powerful tran-
quilizers called neuroleptics like the widely-used Thorazine, Mellaril and Haldol, can cause Tardive Dyskinesia, a movement disorder consisting of facial grimacing, blinking and jerking motions, in about 15 to 20 percent of patients, mental, emotional, and neurological journals.

Moreover, these drugs can also pro-
duce Neuroleptic Malignant Syn-
drome, which kills about 200 patients in California each year, Hughes estimated.

ASTING NO time, the California Psychiatric Association convin-
ced the state to allow the law to be applied to Rien, by having Brown carry a Rien-gutting bill, AB 2361, in August 1989, only one month after Rien's im-
plementation in California.

The Brown bill set off fireworks in the legislature. "There is enormous emotion over this issue," I'm just in-
credible emotion," said Sandra Goodwin, a psychologist working for Brown's offices. "Patients and their rights advocates were real unhappy with the bill."

North, CCA's lobbyist, said the CPA sponsored the bill "to create debate about Rien." But Jonny Miller, legislative coordinator for the Californi-
\a Network of Mental Health Clinics, said the bill was brought simply to open debate, by seeking to overturn Rien.

"Under the bill," Miller said, "any involuntarily detained patient could now be found competent to make a decision on their own treatment."

The patient's rights movement was up against a formidable foe - psychiatrists, and phar-
aeutical companies with money on the
line.

"Basically what is happening in the city and across the state is that if you don't medicate your patients, Medi-
cal will decry them in a second and you won't be paid," said Ghanmam. "So there are powerful economic reasons to medicate patients. That's one reason psychiatric associations are against Rien.

Since at least 1986, Bronson, the chair of the Assembly Health Commit-
tee, has received contributions and honoraria from dozens of psychiatry and hospital associations, and phar-
aeutical manufacturers, including the Northern California and Central California Psychiatric Society, CA Hospitalians, the Pharmaceutical Manufacturers Association, Sandia Pharmaceuticals Corporation (maker of Thorazine, Mellaril), Otsuka America Pharmaceutical Corporation (maker of Lodinei and other psychiatric drugs) and Parke Davis (maker of Nardil) and other psychiatric drugs.

Between July and December of 1989, he contributed on a wide variety of health-related industries made up 31 percent of his total contributions, ac-
cording to Globe and Mail, Sacramento newspaper that tracks contributions.

Bronson also has a track record of keeping the mental health bill in Congress in 1987, after receiving a contribution from Glaxo Inc., a pharmaceutical company.

Consequently, the Assembly Health Committee added a Glaxoilder medication to the list available to involuntary patients, according to a September 1989 Fresno Bee article.

At the AB 2361 hearings, Bronson drummed up the fear of mental pa-
tients running wild in the streets. "Bronson had all the gun-letters up saying the sky is falling, that if you don't pass the bill there is going to be bloodshed because we won't be able to medicate people. We would have all these crazy people in the streets, doing dangerous things and there would be more killings like the murders at Rison, it was a political scheme, a total misconception of the nature of our population."

During his committee, Ghanmam said the Assembly Health Committee, acted on "purely political "crisis." People weren't looking for research findings from all over the coun-
try and then saying that because the people on involunary hold doesn't necessarily mean they are sick. It is not totally out of control. The overwher-
ningly large majority of involuntary people (3 percent) are able to make informed judgements about their bodies and are able to participate in the treatment process.

Moreover, the evidence and the study of other bills and AB 2361 general have shown that the fear of mass refusals to drugs is unfounded. Dr. Francis Lio, a psychiatrist at SFVH, said he was "living rent free with Rien. It is far to say that Rien is less of a problem than we expected. This means that you are going to consign to being taking their medications."

"We are talking about the possibility that the bill cannot pass, and that the Senate is going to change the bill and pass it, and that the Senate will amend it. The bill will not pass, and the bill will be defeated."

The bill passed easily in the Senate and will be voted on in the Assembly Health Committee this week. Patients' rights advocates expect a close vote. If he bill is killed, Brown's bill will be sent in line for a vote in the committee.

At Assemblyman Ron MacKeg, a Democrat on the committee who op-
posed the bill, "Brown's bill, if passed, patients' rights can't be separated from funding needs for the mental illness system, which pays pressure on fac-
ilities to forcibly medicate their patients.

"The line issue here is whether or not we are prepared to adequately fund facilities for the mentally ill. The funding is entirely a biological disorder, treatment can't cure it, "MacKeg said.

CAMI has received funding from two pharmaceutical companies, Sandia and small companies that manufacture psychiatric drugs, and several mental health advocates.

Ten. Presley is carrying CAMI's bill, SB 570, with an amendment that would allow hospital patients' rights to be used in the treatment of drug addiction.

"The issue here is whether or not people should be freed from fear and intimidation. ... We have a strong advocate, a practicing psychiatric and assistant clinical professor of psychiatry at Stan-
ford University, recently went to the Legislature. In saying to oppose the Presley bill, "We are a group of informed trust... there can be no censure court order, as mandated by Rien.

"What we are trying to do is make a balance between the rights of patients and the need to protect people's rights," Presley said.

"Once you have made a decision to take a patient off a medication... you are a voluntary hold, having to go to court to implement the treatment is stifling the rights of patients.

The movement of involuntarily held patients refuse drugs, said Presley. Along with the AB 2361 hearings, most are found in-
competent and are drug-edinerary.

So to go out what new occurrence (in a hearing) we are denying for several days drugs to the other patients."

"It's terrible to keep patients in a hospital and not treat them," said Bill Van Vactor of CAP. "Patients can't make a rational decision. The best thing we have to deal with them is anti-psychotic medication, meaning drugging them.

Patients' rights advocates say the bill is a disaster for patients. As many as 30 percent of patients in San Diego and Miller, are judged to be competent in their ability to make a decision, but they would never get a fair hearing.

"With psychiatrists judging the competence of these patients, the chicken house," said Ghanmam. "It is really an anti-therapeutic and politically tied to medicating patients.

So to go out what new occurrence (in a hearing) we are denying for several days drugs to the other patients."

The experience at Napa State Hospi-
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truly effective treatment."

One year after the Supreme Court ruling, the patients' right to refuse drugs has helped improve this blend of trust. "When you talk to patients rather than just forcing them to take medication, they actually work with you to improve the drug regimen," according to a report by Mark D. Van Leit of Boalt Hall Law School of the University of California at Berkeley.

"Doctors are spending more time with the patients," adds Hughes. "Doctors are calling me, saying, 'I thought Risperidone was going to be terrible, but I'm enjoying my practice more now because I'm getting to know my patients.'"

THE DRUG MENACE

A S AMERICA makes a forced effort to stamp out dangerous drugs, it has ignored some of the most harmful ones today — drugs that psychiatrists give their patients.

Since 1954, when the powerful tranquillizers were first used, psychiatric drugs have flooded American streets in 1975, as many as 35 million Americans were regular users, according to Dr. John C. Henry's book, "Control, and psychotropic drugs have grown in popularity since then, despite the mounting evidence that their effectiveness is overrated and their harmful effects are underestimated.

For mental patients, the numbers of available drugs keep growing — from antidepressants and tranquilizers called neuroleptics, like Halavol, to sedatives like Adaptil. "They are believed by many psychiatrists to be the patient's only and last hope for survival."

"There are myths about many of these drugs which need to be dispelled," Dr. Harvey Donderslag, a practicing psychiatrist and assistant professor of psychiatry at Stanford University, wrote in the latest issue of the American Journal of Psychiatry. Indeed, many of the long-accepted notions about drugs are false. "Misconceptions are current in the media, and patients believe them," said Dr. Charles A. Carney, director of a large mental hospital.

"Despite overwhelming evidence that these drugs induce upon occasional, sedating, and diminishing normal functioning, CPA [California Psychiatric Association] clinicians believe that any mention of these effects is 'abstract' or 'unrealistic' or "off the patient's mind." Yet, such negative effects include: "loss of interest in things previously loved, poverty, emotional withdrawal, and the deterioration of thinking and perception."

According to Dr. Carney, "It is even more significant that these effects that actually interfere with a patient's ability to benefit from other less intrusive or harmful therapies," said the court report.

"The key is to come to," said Dr. Herbert Metz, in an article in the fall 1989 issue of the Journal of the American Medical Association. "If the patient is living with the disease because it treats the hallucinations in patients as well as the loss of motivation, which Thorazine doesn't do, you are no worse off."

In 1945, the Food and Drug Administration classifies them as "neurotiec of choice," which "will lead to a new era and away from the gloomy prognosis that now hovers over the patient who is simply confused with schizophrenia.

Back in 1954, the platitude for Thorazine were much the same. "The most reliable psychiatric tranquilizers in the control of many psychoses of psychomotor excitement," said an 1954 article in the Archives of Neurology and Psychiatry. Almost three decades later, the same patients are still being asked to bear about its deadly effects.

THE JOURNAL

ALL THE BEST OF ITALY IN ONE SPLENDID REGION

EVERYONE knows that Rome is unique. The historical fascination and artistic heritage of the Eternal City is unsurpassed. But few are aware that this extraordinary capital has an equally extraordinary

vista, Lazio, or the Littoral, the region surrounding Rome, has been doubly endowed by nature and by destiny. Stretching from the Apen

tine Mountains to the Tyrrhenian Sea, the area is a microcosm of the natural wonders of all Italy. A thousand years of history have imbued Rome's region with the aura of legendary heroes, ancient peoples, emperors and popes.

Within an area smaller than the state of New Jersey, Lazio enjoys the contrast of perennial snow-capped mountains and a balmy Mediterranean climate. Between the slopes of the 7,258-foot-high Mount Terminillo and the region's seaside resorts, lies a richly variegated nature to which volcanic upheavals at the dawn of time contributed the many crater lakes that nestle among wooded hills around Rome and Viterbo. Lazio's seacoast, dotted with venerable castles and watch-towers, extends southward to the beautiful Bay of Castelli. And across the bay's intensely blue waters lies the Pontine Archipelago, Lazio's five-island paradise.

Home to the ancient Romans as well as to other peoples whose civilizations predate the rise of Rome, Lazio abounds in major archaeological sites. They include the imposing Etruscan burial grounds at Cerveteri and Tarquinia, where many of the most celebrated works of Etruscan art were discovered, and the spectacular remains of Roman emperor Hadrian's fabulous villa at Tivoli.

As the pagan world waned and popes replaced emperors, the territory became the vital center of the Christian West. In Lazio L. Benedict founded Europe's first great monasteries, and throughout the Middle Ages industrious monks erected the many other magnificent abbeys for which the region is fa

tious. Later, during the Renaissance and Baroque era, noble Roman families embellished Lazio hillsides with the more purely hedonistic beauty of sumptuous pleasure villas, which are the crowning glory of a trip through this region of boundless riches.

Today, however, is easily visited. Many of its prime attractions can be enjoyed on pleasant day-trips from Rome. But Lazio is also ideal for a more extended stay. As a vacationland it offers a vast range of choices: mountains, hills, lakes or islands, or perhaps a relaxing holiday at the gates. Lazio's famous spa whose waters cured Michelangelo.
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JULY 4, 1990 | THE SAN FRANCISCO BAY GUARDIAN
A WOMEN’S
AGENDA

Will the end of apartheid mean real change in the status of women?
A veteran activist in the African National Congress discusses challenges and opportunities for South Africa’s women. By Jean Tepperman

Women have played an important role in the African National Congress and its 78-year struggle against South African racism. A few have been leaders, but most have worked behind the scenes, in supportive roles.

Susan Munzumza has worked full time as an ANC “cadre” since her exile from South Africa after the 1976 Soweto uprising. She has lived and raised her children in several countries, including East Germany and the United States.

She was in San Francisco June 30th and July 1st as one of the featured speakers at the conference of the National Organization for Women. In an interview with the Bay Guardian, she described the relationship between sexism and apartheid in South Africa, and spoke frankly about South African women’s struggles against sexism in the government, the traditional culture, the movement against apartheid, their families and their own feelings.

Bay Guardian: Are there aspects of the apartheid system that are especially oppressive to women?

Susan Munzumza: We are no different from other women in, for example, having the head of the family, the husband, the father. However, in South Africa, there are [also] laws like the Nataal Code, imposed by the British in 1901, that actually determine the position of the woman, especially the African woman.

In terms of the Nataal Code, the African woman is a perpetual minor, irrespective of age. You must have written permission by a male guardian — a father, a husband, an uncle, a son, a grandson — to move from one place to another. You must have that consent to get married. You have no right to sue anybody without his help.

There have been a few minor changes because, especially in the urban areas, people are more politically aware, women are more aggressive, and with the restrictions on travel relaxed somewhat, a few women have been traveling overseas and they’ve seen how other women live and they have made their demands.

But only a few hundred women enjoy this privilege, the fortunate ones who have professions, nurses, etc.

The government has now, during the Reagan era, with the conservative engagement program, seen advantages in the creation of a black middle class. It creates people who have a stake in the status quo, who are made to feel that they have something to lose should change come. And the middle classes, they’re interesting because it’s very much like the American middle class, where somebody has a job, a house, a couple of cars, and so on, but all that is in credit. So that the danger of losing a job is very real.

When apologists of the apartheid system say that sanctions will cost the black people their jobs, this is the context in which this is said. But if you look at the companies, especially from the United States, like IBM, they require skilled labor, and because of our poor system of education, you find very few blacks rising to meaningful positions in the corporate world. So you are still talking about a very tiny minority of people.

Some black women are also “public servants” like teachers, nurses, doctors — a few. They can get loans whether they are single or married, they can get homes and buy houses, whereas normally it’s impossible. It can’t buy or even rent a house as a single woman without my husband.

Within the anti-apartheid movement, there are certain issues that women tend to emphasize.

That’s very difficult to answer in one word, yes or no, because we are in the process of still finding ourselves.

We are overwhelmed by the oppressive system of apartheid. Men and women are focused on the demise of this system. Women have an agenda which normally has to run concurrently with the general struggle against apartheid because the disabilities of women are very much interconnected with the demise of apartheid.

We are still even grappling with understanding the whole concept of the emancipation of women. Tradition has continued.
Look at the women in Algeria. They fought against the French, they risked their lives and the revolution came. Today they are nowhere forgotten.

That's the danger of relegating the struggle for women's emancipation to the background.

When did that change?

Women started being represented there basically after the movement was banned, after 1960. For a very long time we had only one woman - Fatimah Rehman. She was one of the three (out of 35) - Gertrude Scoppo, Ruth Mombath and Jacqueline Mollier.

Are the women that are able to play a real leadership role?

They are able to play a leadership role, but, like I said, the struggle against apartheid is just like the struggle against the whites it is so overwhelming that it's very difficult to handle the women and say they have succeeded within this short period of time, when the men are already there in the women in general. They are very genuine people, they are for the emancipation, but they are overwhelmed by the male-structured organizations. They are the best way to help them represent us in the ways that we, as African women, can raise our consciousness, to raise our understanding of the real issues.

You talked about organizing the ANC Women's League. Before the ANC was banned, the women's wing of the African National Congress was the ANC Women's League.

The ANC Women's League. How can we explain that, in the organization, the ANC is a crime. Now with the ANC legal inside the country, we have the new ANC Women's League, inside the country in a grass roots level.

What role will it have?

The purpose of the organization. It's to use women to put women's problems in their core. For example, like the ANC says, if you are a woman, you have to address as many as possible and provide a platform for them to air their views.

There is this feeling that if you are in a woman's organization, or the problem of apartheid, you become exclusive, you become a feminist. So the only one thing that this is still a problem with the concept, feminism has been talked to black women in the U.S., they feel that feminism is a white concept. My view of feminism is that it's for all people, because feminism is - is that whether the concept was made popular by white, middle-class women or not, that is not my problem.

The reality is that in oppressive situations, or if you don't think that you have problems, although people are comparing the two people - even men - are still privileges. They have no opportunities to education and they are more visible.

There are white women in South Africa, who, as the world knows, they exist, but what women, we have in many places have problems. Like the ANC's Women's Caucus is a stalwart of the African National Congress.

What is the role of the South African African Community Party, a woman who played a pivotal role in the trade-union movement in South Africa. She is not only black, but she is still very, very strong. There is Helen Joseph, who is also a member of the African National Congress. She has been banned and restricted several times, you know, like Winnie.

There is an organization in South Africa which has been there for many, many years. They are the Black Sash. They are white, Jewish, middle-class women. They have a lot of respect inside South Africa. Not only because of their feminist views, but because they have gone through their way with the whites people are. They have helped a number of people who have bad problems with the law, like the black men, in control and things like that. So these women are that enjoy a lot of respect inside South Africa.

Some black people in the United States are feminist as divine in the struggle in the women's liberation. The reason is the concept of feminism is not understood. Whether in the struggle, may succeed or fail, but there is another way to understand it. Look at the women in Algeria, for example, they don't have their fights against the French, they have risked their lives and everything and the revolution has come. Today they are literally nowhere, forgotten completely.

That's the danger of relegating the struggle for women's emancipation to the background.

You said in this current period of negotiations, it was important for you to make sure that they got in there and they were listened. How do you see that happening?

Well, look at our Freedom Charter. The Freedom Charter is a statement of the women's struggle. In 1956, women had the right to vote and the right to an education. Black and white women in South Africa. Twenty years later, when the Union Building in Pretoria, to protect against the extension of pass laws to women.

And the only reference made to women in the Freedom Charter, you see: "Men and women of all races shall receive equal pay for equal work and all laws which discriminate on the grounds of sex, color or culture shall be repealed." And something there about the right of people to be the same regardless of race, color or sex. There is nowhere in the Freedom Charter where a clause deals specifically with women.

We now have a draft constitution. We demanded that it be explicit that the constitutional rights of women are, when the conflict came out, it was still "women shall have equal rights," you know, the usual slogan. And then affirmative action in the Bill of Rights.

It's very easy to put that clause in the constitution. But given our poor education system in South Africa, women are almost the majority of the literate, the majority of the workers can't read it. Women can't; they don't have the skill. So that also becomes an issue.

If there is no deliberate act of the part of the movement, on the part of the government, to uplift women academically, economically and otherwise, they will always have this problem that we can't have 50-50 representation because there are fewer women who are literate enough or who are aware enough to understand these complex political concepts, etc., etc.

So that's why we need to feel that it's only men there, or women who are women workers, who are part of the right of women will never arise. So is it necessary that those women, those women who are represented as national parliament and put forward the demands of women.

And that's another way of mobilizing women in general. Because if a woman opens a newspaper and finds that they went to negotiate with the government and among other things they talked about the reversal of the Natal Code, or whatever else that was all incorporated into the constitution, this is good thing. So when we call the congress, it will be like the congress of women's struggle, or the congress of the Congress of South Africans.

And every time - the signs are clear. But there is little that the government will change with the demise of apartheid is significant. They haven't anything to provide answers for.

Besides the elimination of the Natal Code, which are the other specific demands of women?

That women must have equal rights as men, equal opportunity in education and jobs, in the family. We need a family code, laws regulating divorce. We want abortion rights or at least the right to control our bodies.

There's a clause on abortion, too, and that is still a very controversial issue within the ANC because our people are generally very religious. If you have an abortion, you are a sinner, you are a very bad woman, because you are doing this. The reality is that abortions are there all the time - illegal abortions, very dangerous, which result in the complete mutilation of women.

Is abortion illegal in South Africa? It's illegal. That's it. Doctors are not required to perform abortions. It's illegal for both black and white women. When is the situation going to change? Only when there is an issue with the law doesn't change. At the moment, the man is not right for a man to pay X amount of dollars or 100 Rand of cattle of some kind, because you need that money or those cattle in order to start your own family.

Because that's considered as a very important level an honor. Having a university degree, the privilege that signifying to pay for me is much, much higher than the privilege that you can pay for who is just a high school graduate or a high school dropout. These practices have been so adulterated now that I was reading in a South African newspaper a few years ago that there are all these categories. If you are a nurse, you are worth so much. If you are a teacher at a primary school, you are worth so much.

This goes on in the urban areas as well.

Yes.

And women take it as a complement? Women take it as a complement because they feel that if you are a woman, you have it, I can't get what I'm rich, I'm not worth it. Something like this. There are some of the issues that you can use to negotiate, with an open mind. You can't expect to negotiate and get what you want, you can only negotiate in your own local areas, and just tell them that it's the time to pay for when they get married.

The bride price is paid, and in case of a divorce, if it is found that the cause of the divorce is myself, even I committed adultery or something like that, I have to pay back the dowry. And husbands, in-laws and everybody, they don't believe in you anymore and they can easily make your life miserable. A husband can beat you up, and you have nothing left in his world. And in case you have a bad marriage, you are a bad woman.

That's why you find many African women will stay 20, 30 years an un-exempt good laboratory marriage and continue to bear children, and the children are needed since we are supposed to remain in this bad marriage.

In the United States starting about 25 years ago, women formed what we can call the "feminist movement" talking about these issues among ourselves. Have things like that gone on?

Yes, on a large scale. You know, among friends we will talk. But you see, our society is structured such that I have put down, the things that are expected of me as your to my mother. That is, it's impossible for me to do something against my mother.

Your first thought would be to go to his mother?

To his mother. "I have this problem and what I expected, she expect you must first cleanse yourself, etc." What do you do for that situation to occur?

Sometimes, because of the shortage of housing, you are one living under one roof and sometimes it is like that he is your own family. You're not sharing the same family.
Nelson Mandela paid tribute to the Oakland Coliseum crowd of 58,000 and the people of the U.S. "Unharming of our organization came about because of pressure placed by yourselves."

The ultimate tribute

Nelson Mandela and a spirited crowd filled the Oakland Coliseum to pay tribute to each other.

By Rob Waters

WHEN NELSON Mandela stepped up to the microphone before a responsive crowd of 58,000 people at Oakland Coliseum Saturday, he started a day of history and celebration the likes of which the Bay Area has rarely seen. It was a day of emotion and pride, a day in which a great man and a movement could express their admiration and respect for each other as they vowed to keep up the fight.

And it was a day that reminded many of us just why it is that we live here.

Mandela was introduced by a son of Oakland, Representative Ron Dellums, the author of South African sanctions legislation that he first introduced in 1971, and that finally passed Congress last year. In a voice ringing with passion, Dellums, a champion of virtually every progressive cause imaginable, declared the moment to be as profound and exciting as any he had ever experienced.

"The people of this community, over and over, have stood up," he roared. "So stand up. Give yourselves a hand. We made history."

And stand up they did. The rocking anthem of the anti-apartheid movement, "Free Nelson Mandela," blared on the loudspeakers, and the crowd was on its feet, dancing, crying and singing as one. Middle-aged black couples in Sunday suits, white longhairs in tie-dyes and batiks, high school students with black pride T-shirts.

And then Mandela was there, waving from the podium, his face bearing a smile of dignity and wisdom, his measured tones bringing a sense of calm to the pandemonium around him. He paid tribute to the crowd and to the work of the American anti-apartheid movement, saying that the "unharming of our organization came about because of pressure placed by yourselves. You have inspired us beyond imagination."

And he exhorted the crowd to step up in work. "Today, our country stands on the threshold of fundamental change, but we still have a long road to reach our destination — freedom. As long as apartheid remains in place, we appeal to you to maintain sanctions. We must keep the pressure on . . ."

A

MONG THOSE in the crowd, standing, cheering and making history, were two people who probably didn't even know each other.

At first blush, Leo Robinson and Karen Kevorkian could not be more different: Robinson is a veteran black activist from the rough-and-tumble world of water-front unionism, who has stood at the forefront of the anti-apartheid movement locally for years. Kevorkian is an editor at the publications section of the De Young Museum, whose individual convicence last summer has sparked a bracing controversy over the museum's presentation of an art show sponsored by Shell Oil, a principal backer of apartheid.

Robinson's involvement the anti-apartheid movement dates back to 1976, when the uprising and subsequent massacre of high school students in the South African township of Soweto thrust the struggle there into the headlines and sparked an upsurge of solidarity work in the Bay Area. Robinson and other black activists organized a demonstration outside the Palace of Fine Arts, where presidential candidates Gerald Ford and Jimmy Carter were debating the pressing issues of the nation — and ignoring the question of the U.S. role in South Africa.

Robinson took the baton to his workplace, and helped to organize a Southern Africa Committee in Local 10 of the Longshoremen's Union. He pressed the union to begin a boycott of ships handling South African cargo. And on Easter Sunday, 1977, hundreds of union members and supporters blocked for two days the unloading of such a ship.

In 1984, with reports coming out of stepped-up repression and arrests of black union leaders in South Africa, the longshoremen decided to strike again. When a ship carrying large supplies of South African cargo landed at Piers 48-50 San Francisco, Robinson and his co-workers boarded the ship and went to work.

"We worked all the other cargo first," he recalls. "At about 11 pm, the guys down in the hold yelled up that we had reached the South African cargo. I said, "Let's go." and we all walked off."

For the next couple of days, the longshoremen waged their battle virtually alone. Though Robinson had delivered press releases to the major Bay Area media, the action was getting no coverage and attracting little support. In desperation, he called Dellums' office, where aides helped spread the word and began working their press contacts.

The community responded, and soon, thousands of people were gathering at the docks to support the workers. The union and its supporters kept up the boycott for 11 dramatic days. Finally, the employers obtained a federal court injunction threatening the union with hundreds of thousands of dollars in fines. The longshoremen returned to work, but their action catalyzed the Bay Area's budding anti-apartheid movement.

The next year, UC Berkeley students began a campaign of sit-ins and teach-ins aimed at forcing the university to divest from South Africa. The city of Oakland passed a divestment law barring city purchases from companies doing business in South Africa. And in June 1986, the University of California regents finally voted to divest.

For Robinson, campaigning against apartheid was not just an act of international solidarity. "The same auto manufacturers who claimed to be helping black workers in South Africa were at the same time shutting down plants and laying off black workers here," he said. "We always understood that there was direct self-interest in anti-apartheid work."

K

AREN KEVORKIAN's career as an anti-apartheid activist began late last summer, when she learned that an art show on Dutch paintings coming to the De Young was being sponsored by Royal Dutch Shell.

"I had heard Shell Oil was the target of a boycott for its support of South Africa," Kevorkian recalled. "I taught some more information and simply decided I didn't want to work on the show."

"I seemed morally clear to me," the continued. "I'd read that Shell imported 20 percent of the petroleum in South Africa, and by law they were required to support the South African Defense Forces with fuel. Their connection to the continuation of apartheid seemed very direct. So you just had to reject it."

The message, Kevorkian's supervisor, right. But the issue did not die. Soon, letters of protest and verbal complaints were making their way to the city employees' union and the museum's director.

The union and anti-apartheid organizations launched a lobbying campaign, eventually winning the support of the City Council and her union in the action, and the museum's board of directors to find a new sponsor for the exhibition.

The board agreed to look for a new sponsor, but the final outcome is not yet clear.

NELSON MANDELA con

fidently stepped up to the microphone today with a tribute to the activities of the Bay Area. He was speaking to Leo Robinson, Karen Kevorkian and thousands of others.

"It is you, the people of Oakland,. I have seen your struggle, your commitment and your sacrifice. You have given me hope and strength to go on."

"I respect you, we admire you and most of all, we love you all. Let me assure you that despite my 71 years, I feel like a young man of 35. I feel like an old battery that has been recharged. . . it is the people of the U.S.A. who are responsible for this."

Bay Area activists hope that Mandela's visit will also recharge some local batteries. "I think, frankly, that a large number of people felt they would never see Nelson Mandela in calling on the museum to find a new sponsor," said one long-time activist. "This is real news, and I think people really feel like they have a weapon. People feel like it is possible to do something. And we feel that this is the moment to act."

If Saturday's rally was in large part a tribute to the Bay Area activists, one of the last words of the day came from a rapper from New York. "I don't want you people to think that we're here. We're here to be a fresh show," said Leonard F. Brown, one of the chefs of the Bronx-based Boogie Down Productions. Then he put out a short rap. Mandela's not free. Mandela's not free. Can't even vote in the Bay Area anymore. A rap to remember.

The Bay Area Anti-Apartheid Network is calling on people to step up their involvement in the campaign to bring non-racial democracy to South Africa. People who want to get involved can call or write to President Bush and U.S. Senators Daniel Moynihan and Pete Wilson, urging them to support the effort. People who want to get involved can contact the Network at 425 Locust Street in San Francisco. Phone: 553-6819.

THE SAN FRANCISCO BAY GUARDIAN | JULY 6, 1989 23
ANNOUNCING THE BAY GUARDIAN'S SIXTH ANNUAL

CARBON CONTEST

Showcasing the best of Bay Area cartoons and comic strips

One in a series of Bay Guardian contests presenting the best in local poetry, screenplay, pictorial art, playwriting, fiction and photography.

Prizes (in each category)

First place: $500 cash and a $25 gift certificate to Amsterdam Art
Second place: $50 gift certificate to Amsterdam Art.

First and second place winners will be published in a special cartoon issue of the Bay Guardian August 1, 1990.

Exhibition and Reception

Winners and selected finalists will be exhibited at Falcon's Gallery from August 3-31st, 1990. A reception for the winners and judges of the cartoon contest will be held at the opening of the exhibition. For more information about the reception, look for the August 1 issue of the Bay Guardian.

Rules

1) All entries must be the unaltered work of the contestants.
2) All entries must be black-and-white drawings. Pen and ink is also acceptable.
3) Entries may be submitted in more than one category.
4) Contests must offer a completed entry form to the back of each entry. Fees are $5 per entry. Enclose a check or money order. DO NOT SEND CASH.
5) Entries must be postmarked or postmarked on the original drawings. DO NOT SEND ORIGINALS. Entries will not be returned.
6) Entries must be in the Bay Guardian office by 5pm on July 11, 1990. Mail entries to Cartoon Contest, SF Bay Guardian, 520 Hampshire St., SF 94110.
7) Bay Guardian employees and publishers who have published more than two cartoons in the Bay Guardian during the January 1, 1990 are not eligible.
8) Copyright remains in the name of the cartoonist, but the Bay Guardian reserves the right to publish the winner.

Categories

1) Single panel cartoon
2) Single comic strip
3) Ongoing comic strip (submit 5 examples for each entry)
4) Still cartoon (single cartoon or strip without dialogue or captions)
5) Political cartoon or strip
6) Comic strip parody of a recognizable syndicated comic strip (Dilbert, Garfield etc.)
7) Single cartoon or strip with a San Francisco theme

Judges

Angélique Bocage

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Steve Lafler

publisher of Cat-head Comics and creator of Dog Boy Comics

Mark Burbay

editor and writer for Street Meat, magazine and writer for Comics Journal

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San Francisco Art Institute, 2000 Chestnut

UC Berkeley Extension

815 Evans

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Amsterdam Art

1941 University, Berkeley

California Art Supply

1735 San Pablo, Oakland

California College of Arts

and Crafts, 600 Chestnut

Life, Mystery Hall, 5217

THE SAN FRANCISCO BAY GUARDIAN

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Opponents of a Thrifty Jr. proposed for the Discount Food Supermarket site say it will threaten the survival of neighborhood merchants.

Attack of the Thrifty monster

The Planning Commission is about to vote on a new proposed Thrifty Jr. drugstore for the Sunset. The outcome could open the door to chain stores gobbling up neighborhood and small businesses.

By Jim Balderston

The Planning Commission's decision will have a lasting impact on the future implementation of Proposition M, the city's landmark 1966 planning initiative. Since its passage, real estate and large business interests have been making noises about repealing or watering down the measure. The Thrifty Jr. store is a critical test case.

Proposition M states its first priority is that existing neighborhood-serving retail use be preserved and enhanced. Prop. M's second priority is that existing housing and neighborhood character be preserved and protected in order to preserve the cultural and economic diversity of our neighborhoods.

Thifty Jr. opponents say the store is inconsistent with Prop. M. But the Planning Commission cites the measure in rejecting the Thrifty Jr. developers will no doubt pick up their old city that the measure is non-restrictive, and should be changed.

Here are some of the issues the Planning Commission must resolve before accepting or denying Thrifty Jr. plans for the Noriega site:

Opponents of the Thrifty Jr. argue that the store will be able to sell at lower prices than independent, forcing those neighborhood businesses to close. If that were the case, "existing neighborhood-serving retail" would not be preserved. Thrifty Jr. representatives say that the stores do not threaten other local businesses, especially pharmacies; since these stores have large and loyal followings. Debra Reis, president of Government and Community Advocates, a lobbying firm that represents Thrifty Jr., told the Bay Guardian the opposite was true.

She pointed to 24th Street in Noe Valley, where the locally owned Castro Pharmacy squared off with both Thrifty Jr. and Walgreen's. Eventually, Walgreen's was forced to buy out the Castro Pharmacy. "It is extremely difficult for a non-independent to dominate a market," she said. "The Castro dominated."

But the local pharmacy is now closed, and no longer serving the neighborhood.

Opponents claim that chain stores like Thrifty Jr. tend to drive local commercial rents. Thrifty block buyers disprove that. Both sides agree that it is a critical issue, and one that the commission will have to grapple with. But both also acknowledge that they have no data to prove their cases. However, according to Thrifty Jr.'s own filling with the Planning Commission, since 1974, the number of independent pharmacies in San Francisco has declined from 190 to 95, while store hours have increased from 5 to 32. Thrifty now has five stores in the city, and while the chain originally sought to add another 12 stores, Stein said there are no plans to do so at this time.

Opponents argue that the Los Angeles-based Thrifty is not locally owned and operated, and that profits from the stores would leave the city. Stein countered that the employees of Thrifty hold the largest chunk of the company stock under an employee stock ownership plan, and said that 100 percent of the local, non-management Thrifty Jr. employees are San Francisco residents.

But Bert Gladstone, an attorney representing the merchants and citizens opposed to the Thrifty Jr., told the Bay Guardian that stock ownership is far different from actual ownership and control.

"When you go into a store and ask the kid now if it's an owner under the stock plan, he is going to look like you're crazy," Gladstone said. "Does that mean he has control of how the store serves the neighborhood? Of course not."

Thrifty employees have a stock ownership plan in Pacific Enterprises. Employee stock ownership in Pacific Enterprises is 22 percent. In other words, 78,000 of every dollar of profits goes to stockholders who are not employees.

The proposed store would consist of an 8,227-square-foot store in a new, non-employee food market. The original plans for the site, approved by the Planning Commission in 1999, called for five separate store spaces, the largest being 5,883 square feet. At that time, the Planning Commission found that retail uses of the site in the range of 6,000-12,000 square feet were "no longer compatible with this district."

But a survey of the neighborhood, conducted by Thrifty Jr. consultants, showed that the 12 percent of the people in the Noriega neighborhood wanted a drugstore like Thrifty Jr.

Gladstone refused that study by noting it included only a 250-person sample. "We have more than 1,000 signatures, gathered in the area of the store and within less than ten yards of the Planning Commission site, of people opposed to the Thrifty Jr." He also noted that 13 other existing stores within a short drive of the proposed store.

Since 1974, independent pharmacies have dwindled while chain stores have increased from five to 52.

Thrifty already provide the products and services that Thrifty would, opponents argue, making its presence unnecessary.

Stein's brief to the Planning Commission cited the Sunset's "southeast community," an auto parts store and a pet supply store among the eight blocks of neighborhood stores opposing the proposed Thrifty Jr. site. "There is nothing on that list that is not available at other stores with direct sales," he said.

Opponents argue that the Thrifty Jr. would create more traffic congestion in the neighborhood, since the chain does citywide advertising that would draw pedestrians away from the area.

Stein's research shows that a high percentage of Thrifty Jr. customers in the chain's existing Taraval St. store walk to the store, indicating a low traffic impact. Other data in Stein's extensive brief to the Planning Commission notes that traffic in the area is light.

Gladstone argues, however, that simple observation of the parking situation in the area indicates that there is little room for additional automobiles. "We didn't have the money to do a study," he said. "But we counted the businesses between 20th Avenue and 33rd, and there were 47 businesses and 96 parking spaces. All tell of more than two parking spaces per store."

The Planning Commission is expected to hear from both sides of the issue by July 12th, and the panel may vote on the application at that time. Thrifty Jr. foes have requested an additional week to prepare their case, but the commission has not decided on that request at press time.

Meanwhile, the commission has prepared a vast amount of information — the package fills a stock binder — the issues are complex and far from clear, and in some cases, the information needed to resolve the disputes is still unavailable.

Nevertheles, the commission has more than just one Thrifty Jr. store to think about. With Prop. M's stakes astronomical, the commercial real estate market is slowly tightening down, and the commission will have to strike the balance between the two. Mayor Avalos and his planning commissioners have vowed to uphold Prop. M. If that is the case, it will be very hard to approve the new Thrifty Jr. store. And, if it is approved, they will have a hard time controlling the flood of demands from other developers, developers and neighborhood groups who see the decision as a weakening of the city's commitment to Prop. M.
AGENDA

The family is the nucleus of society where women's rights have to be manifested. If our children get used to seeing the father and mother sharing in the responsibilities of the house, it becomes automatic.

Because we are also preparing for home. It’s not like you are just opening this door and wait for the wind to blow in and it won’t and you won’t care whether it’s going to rain or not; you are actually working for the future. We are going to need diplomats all over the world and we haven’t had a chance or the resources to actually train people. Here, we have to still have a deliberate policy of saying, we are training as many people as we can so many people. No, everyone has to do everything at the same time because you need specialists.

And I’m not talking only for myself, this is the plight of many women in the house, the housewives or the breadwinners or the man or woman for that matter.

You go out in the ANC office the whole day, you are working, the general assembly operates, you are working long days sometimes way into the night. You return home, you are the one who must make sure that the children are always fed, that they are adequately clothed, that they are fed, they are fed.

Are there any men who do housework?

When they are single, they do. And tell the truth there are some who even when they are married, they will still continue to be embracing for his friends to find out what is going on. Or whether they are cooking or sitting if I am sitting down.

If I am not there, fine, it’s a nice excuse.

She is not there and you have to eat. But if you are there and there are visitors, oh no, he’d better sit there and serve them drinks and continue to discuss the issues of the day, and you are ignoring, bringing tea, feeding and coffee.

That’s why I say that the problem has to be tackled in the family. Also because of our children and our work. We are forgetting that we are bring up individuals, we are bringing up a generation of people, and we are nurturing them to be for the purposes of our gender. We are bringing up a generation of people who are not going to be for their gender.

And it is not only the man’s responsibility that this perishes. This is also the case and the case is also what I think that small visions on the part of women is synonymous with feminism. It is also against the man who will say, we have to have activities to address. It’s not just to say that men resist and we have to say that we are. We should say to him. Do you have to do this?

I am writing at myself, I know, I have a girl. And one time we go to get the store and they see trucks, beautiful furniture trucks and we want them. I bought them, I know why. After all, my friend’s son usually comes here to pay so at least if I buy these, he’ll have something to play with. So you see, it’s an easy, very long struggle ahead of us.

Why do we ask ourselves if we are legalizing?"
As the National Organization for Women enters the 1990s, its membership has been infused with a new generation of younger women to keep up the fight for women's rights.

Mary Pols and Bell Borrowman

In NOVEMBER 1967, the recently formed National Organization of Women held its second annual convention. Betty Friedan presented the members of the fledgling civil rights group with a woman's Bill of Rights, listing demands for paid maternity leave, tax deductions for child care, educational aid, job training, access to contraception, an Equal Rights Amendment and legal abortion.

1967 was a landmark year. The group is now called the National Organization for Women, and includes women from among its members. And after 26 years of demanding rights they believe should be granted for women, NOW members are beginning to look for new political strategies, for ways the government that they have found so unresponsive can be turned toward and restructured so that young women can win the rights they are demanding a generation ago.

Abortion was the issue that led most immediately to this search, and received the most attention at the three-day conference. "If the majority of Americans support reproductive rights for women, we are still at such a disadvantage politically that we are having to fight for what we believe," said NOW National Vice President for Action Jan O'Dell. "We are working for a real redefinition of power."

"We say loudly and clearly that it is absolutely right of women, whatever their age or economic status, to decide for themselves in this particular matter," said NOW President Molly Yard in her keynote address. "The definition of what is moral is not the property of the Catholic Church."

Yard was joined at the podium by Congresswomen Barbara Boxer and Nancy Pelosi, former San Francisco mayor and current gubernatorial candidate Dianne Feinstein, and three other women candidates for political office.

Yard pointed out that support for abortion rights and the ERA has typically come much more strongly from women politicians than from men, and she outlined NOW's current strategy for getting more women elected to office.

At a Saturday morning workshop on "strategies for a new party," there was standing room only, and not much of a chance.

There was also some impatience with the pace and style of NOW's moves toward forming a new political organization. As Yard explained that a new convention would be "discussing and examining the possibility of a new party to overcome the failings of our present political system," some conference attendees were vocal in their disapproval of further bureaucratic elements. One woman demanded to know why she should listen to anyone if she's getting out of NOW.

The national-partisan commission, Yard said, includes former California Supreme Court Justice Rose Bird, former U.S. Attorney General Ramsey Clark and United Farm Workers President Dolores Huerta. It will begin next month to hold or series of meetings in cities around the country to discuss forming a new party.

Yard told the workshop group, not only about the procedures, but about the reasons NOW decided to explore new kinds of political action: "There are too many hundreds of women and minorities who must overcome to be part of the decision-making process in public policy," she said. "It's high time we questioned the status quo, and challenged the assumption that just isn't working, that is leaving too many citizens out."

At another well-attended workshop, NOW members developed a resolution to hold a summit on bringing RR-46, the French abortion pill, to the United States. "You'll find the French manufacturer in your yellow pages," Michael Dukakis, former Massachusetts governor and presidential candidate, suggested to the group. "I've got the money, and it'll be working, and it'll be fairly safe."

Yard and other NOW members recently met with representatives from France to discuss the release of the drug in America, but Yard said the company had no plans to do this in the future, because of issues of product liability and the consequences of political climate.

De. Jennifer Jackman, director of the Feminist Majority Foundation, said of the potential for selling the drug, "Citing evidence that the drug may be effective against breast cancer, endometriosis, Cushing Syndrome and sarcoidosis in cancerous bears. Yard added that RR-46 is a potential drug for prostate cancer, in which case "the man might get interested, and we might have a chance."

SATURDAY AFTERNOON, Yard stood with approximately 1,000 NOW members and allies at a NOW rally in Union Square, before a mock tombstone that read: "Remember the memory of the courageous women who died from illegal abortion, and who said they had no choice."

She told the crowd that the women's movement had been cbased on the idea that women should fight for what they believed in, like Becky Bell, a 17-year-old who died from an illegal abortion in Indianapolis in the wake of Roe v. Wade. The law is still there, and it's a parent's consent law.

Former NOW president Eleanor Siedell led the crowd in what she called a "feminist picnic of the mind" to raise money for the Bill of Rights for women campaign. "I don't want your support with my money, with my work, or by my time, but someone who does," she said. "I want the work for our Selective Service for women, the right of women to vote, the right to privacy, blood donation rights, without compromise."

Statements like this have led some feminists to criticize NOW for its single-issue focus on reproductive choice as the determinant of women's rights for supporting politicians. Julianne Malveaux, who teaches in the UC Berkeley Economics Department, told the Bay Guardian that, despite her enthusiasm for pro-choice, she thinks that single-issue focus is a major mistake. By allowing politicians to deprecate the flag of choice without dealing with the rest of their platform, NOW overlooks other important items in the basket of women's issues needing attention.

"I don't call choice a single issue," San Francisco NOW Executive Director Helen Greco responded to such criticism. "It's not exactly an issue, it's being legislatively abrogated. If you can't control your body, there is not the right to choose. Also we are focusing on a right of means that I'll be unappreciative of about other things? No, it's a problem that I'm looking out for myself, first. No, it is not.

During Saturday's conference sessions, a small group of protesters picketed outside, carrying signs accusing NOW of not representing all women. "Doane Freeman does not speak for all women!"

"Doane Freeman," Greco confessed, "but I don't know exactly what I feel about abortion, and that's why I'm here today. Abortion is selfish and it's murder." Allowing abortion is, she contends, just as much a service to women as is the idea that Betty Friedan was talking about. The focus is the Imperial Ballroom of the San Francisco Hilton. Are NOW members getting tired of fighting the same old battles? No chance of that, says Greco. "It took us 70 years to get the vote. That said it all to me. So it's 24 years later and we're still talking up the same thing. Doane Freeman is dead. No, that means we've been talking for that long, that we've been doing something. Are we supposed to stop asking, and stop fighting? No!"

WHAT DO WOMEN WANT?

THE NEARLY 2,000 women who gathered at the 1967 NOW convention told the conference that the Bay Guardian for involvement in NOW began with abortion rights. "My own experience with abortion made me realize it was an option I want to keep open for women in every tax bracket, every age group," she said. When asked to name the top five issues the women's movement should be addressing, Williams could not get past two - a problem several younger attendees shared.

The older delegates agreed that the right to choose is a pressing issue today, but many said they were drawn into the women's movement in the 60s and 70s through other issues. Many say that personal experiences with workplace discrimina-


tion drew them into NOW, and beyond abortion rights have met with resistance. "People say, the right to fight for something if they don't feel it personally," she said. "Inequality is not a threat to them."

NOW organizers hope the abortion issue will give them the opportunity to educate young women and involve them in a broader movement. As San Francisco NOW executive director Helen Greco put it, "We have a tremendous educational job on our hands. People can't talk about their personal experiences, they are pro-choice, but they don't understand about civil rights, legislature, how everything in this economy is designed to work against them, so that they understand that our issues are not isolated from each other." Or, in the words of NOW's national executive vice president Delores Huerta, the fight is a "comprehensive battle for liberation, for the hook and reed them in, slowly, slowly."
The BEST Interview I Ever Had...

Was John Fogerty. Meeting him for the first time was one of the biggest thrills of my life. It was March of '84, and 'Centerfield' had just been released. When we pulled up to his studio in El Cerrito, I was a nervous wreck! It was like meeting Elvis! The interview went great! We ended up becoming friends!" —M.Dung, KFOG

THE BEST OF SAN FRANCISCO & THE BAY AREA. COMING JULY 18. PEOPLE ARE ALREADY TALKING.
In a career that’s taken him from the L.A. Times to Vietnam, Frank McCulloch has become one of the most influential and respected journalists in the nation. In a wide-ranging interview, he talks about his 50-year career, the future of the SF Examiner and the homogenization of American journalism.

By Craig McLaughlin

FRANK MCCULLOCH arrived in San Francisco as a young United Press reporter in May 1941—and left almost immediately. That year the U.S. entered World War II and McCulloch interrupted his career to join the Marines. As he departed San Francisco over the Bay Bridge, he made himself a MacArthuresque promise: I’ll be back.

McCulloch returned, finally, as managing editor of the San Francisco Examiner, but only after four decades—and nearly an entire career that was one of the most influential and intriguing in the history of print journalism.

McCulloch grew up on a Nevada cattle ranch. He worked a year in a gold mine and played one season of professional baseball for the Cardinals organization in Pocatello, Idaho. "It was the equivalent of today’s class D," he says, "but it was indeed professional baseball."

Most of his 70 years, however, he spent as a journalist. He entered the field by accident. As a University of Nevada freshman with no outside support, the first job he found was mailing the campus weekly. He literally worked his way out of the mailroom.

"I didn’t set out with the intention of being a journalist," he said. "It wasn’t until I was a sophomore that I began to take journalism courses. And by that time I was working weekends and some nights, sometimes alternately, at AP and UP in Reno. So I just sort of fell into it that way."

McCulloch’s anodized career has included stints as bureau chief for Time and Life magazines in the West, for Life in Washington and for Time’s news bureau in New York.

As day managing editor of the Los Angeles Times, beginning in 1960, he was a key player in the Times’ shift from the Republican Party organ that built- and Newsweek’s political career to one of the nation’s most respected newspapers. At a newspaper that had pledged to acknowledge Democrats, McCulloch measured column inches to guarantee equal treatment for Paul Brown in the 1962 gubernatorial race.

He left to take a job as San Francisco bureau chief for Time in 1964 and remained there until returning statewide in 1966.

"Frank McCulloch was a legend in Vietnam," wrote David Halberstam in The Powers That Be; his book about U.S. media empires. "It is characteristic of the war there that he was one of its best reporters and that no one outside of his profession knew his name, partly because of the exasperation of Time and even more because of the unwillingness of his magazine to accept his reporting."

McCulloch’s scoops about escalating U.S. involvement in the war were often denied by "the highest source in land."

One cable from the Washington bureau noted, according to Halberstam, "Highest Source in Land... says that bold-faced guy in Saigon has been out in the sun too long without a hat." McCulloch is not amused; he shaves his head.

He left Time, Inc. in 1972 to help start a magazine called Learning in Palo Alto. "After two years it was clear to me I’d made a catastrophic career in judgment," he said. So he left.

He spent five years as managing editor of C.I. McClatchy’s Sacramento Bee, then another five years as executive editor of all McClatchy newspapers, before coming to the Examiner as managing editor for a five-year stint. That stint was due to end in August, but at the request of the Examiner, McCulloch has decided to extend his stay until January.

Along the way, McCulloch has made many friends. On Jan. 26th, he was awarded a Special Honor Award by the Northern California chapter of the Society of Professional Journalists. Betty Madigan, journalism dean at San Francisco State University, was charged with introducing him, so she interviewed his friends and former co-workers around the country. The interviews were so inspiring she turned her scheduled fifteen-minute introduction into 20 minutes of anecdotes and accolades. Reporters and editors at the Examiner, dozens of whom were turned away from the sold-out event, announced they were starting a scholarship fund in McCulloch’s name.

We spoke to McCulloch at his Examiner office about his singular career, the state of journalism in San Francisco and the passing of an era in U.S. journalism.

Bay Guardian: Few people who look at the Examiner masthead and see the name Frank McCulloch realize the breadth of your experience. A good place to start would be the L.A. Times.

This was obviously almost an artificial circumstance and probably couldn’t—and shouldn’t—be repeated today. In 1958, I believe it was, I did a Time cover story on [L.A. Times publisher] Norman Chandler and in the process became acquainted with the Chandlers.

In the summer of 1960, Norman called and wanted to know if I’d be interested in becoming managing editor. I said that I’d certainly be interested in it, but that I was well aware they already had a managing editor, whom I knew well and respected. Norman said there were going to be some changes made, and what he was referring to was that their son Otis was coming on as publisher.
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Guru

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You were part of the change from which new opportunities for writers and editors were generated. How do you think this has influenced the way journalists define their roles and responsibilities?

The idea that the roles of journalists are evolving is not new. The challenge is how to define these roles in the context of the new digital landscape. As a journalist, I believe that our responsibility is to provide accurate, timely, and relevant information to our readers. This means staying up-to-date with the latest developments in technology and finding new ways to deliver our content. But it also means being mindful of the impact of our work on society and being accountable for the information we publish.

I agree. The digital landscape is constantly changing and it's important for journalists to adapt. But at the same time, we need to maintain our principles and ethics. We must continue to strive for truth and accuracy in our reporting, even as technology changes. The role of a journalist is not just to report news, but to have a dialogue with the public and to be a watchdog for our society.
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Guru

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did this, but in the not, is that unfair to an individual or an institution?

Can you give me an example of how the fairness issue comes into play?

What I'd like reporters—and their editors—to do is when you finish a story the nature of which is accusatory, I'd like you to remind it carefully before you release it. And to the extent it is possible, put yourself in the shoes of that person you're writing about:

Walk into his front door, or her front door, at 6:30, and there are your wife and two kids and I want you to explain to them what the newspaper said about you today.

Then I want you to reread your story and let's see the adjudicators and the adversits out of it, and let's be careful of the juxtaposition, which is one way that unfairness really creeps into a story, by juxtaposing paragraphs, deliberately or otherwise, which juxtaposed, seem to imply something pretty clearly.

Now, fairness can range all the way from that to, in a specific circumstance, a woman who jumped off the Golden Gate Bridge survived and the photographer came by as they were bringing her up the south slope and got a stunning photo. I killed it on the conviction that that woman already had enough pain in her life. Unless there is a question of public welfare at stake, then I don't like to hurt anybody if I don't have to.

Incidentally, there never is a post-final-answer to any of these. Unfortunately, and I know this drives photographers and editors up the wall, I don't keep any other solutions than to do it on a case-by-case basis. Sensational ethical, our critics say, and they're right.

You may be retiring, Ben Bagdikian is retiring, at least from teaching. There's sort of an old school that's passing.

Yeah, there is. Generations change, but it's coming down to the end of this one.

Are we going to miss the Chardonnays and Luces in terms of the vitality?

Yeah, why not. What's emerging is the professionally managed groups of newspapers, yeah, I'll call for good management. But there is no room in most newspapers for cockroaches, for people who make trouble people who don't go with the flow. That's what's missing. Maybe that's what the general public wants.

Why would it want that?

I don't know. Because America's become bland, bland. America generally, for a decade now, has refused to accept individual responsibilities. I'm not responsible for the homeless. I'm not responsible for this, this, this. That's pretty much the general value system, and within that, maybe newspapers that are bland, make fewer waves, maybe that's what folks want.

Some of the words that come up when people talk about Frank McCloskey are integrity, openness and honesty. Where does your value system come from?

I don't know. Maybe—this is amateur shrinkery and I'm always suspicious of it—but one thing I learned as a kid is that the only time I ever got in trouble with my parents was when I tried to lie to them. Maybe it came from that.

It also came from the fact that over the years the newspaper people I know respected were people of large measure. Plus, it's a simpler way of life. It's just easier, easier to be honest, I don't have to remember what I said, and I frequently don't, either.
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GUARDIAN
Where Happy Endings Begin.

July 4, 1990 | The San Francisco Bay Guardian
Succanat, a natural sweetener without the detrimental health effects of white sugar, was developed more than 30 years ago by a Swiss pediatrician.

brown sugar on my kitchen shelf. But it wasn’t boxed in Hawaii. It isn’t white sugar with a smidgen of molasses for coloring and it isn’t devoid of nutritio. Its brand name is Sucanat (short for “Sugar Cane Natural”), and it’s new to the United States, although it was actually developed more than 30 years ago by a Swiss pediatrician named Max-Henri Beguin, who had begun to despair over the radical decline in health—including a widespread epidemic of dental cavities—among the children in his town of La Chaux-de-Fonds.

Beguin turned up an ancient research documenting a swift decline in dental health of populations that eat refined flour and sugar. When parents in his own community followed his recommendations and switched back to whole grains, unrefined fruit juices and powdered, dried sugar-cane juice as a sweetener, a ten-year study of more than 3,000 children indicated that their dental health had noticeably improved.

According to Promotec International, the company created by Beguin’s family to market his sugar-cane product, it took Beguin many years to find the right variety of sugar cane, the right conditions for growing it without pesticides or chemical fertilizers and the most efficient process for juicing it, dehydrating it and milling it into a powder. The result is a delicious sweetener with a brown-sugar-like taste and significantly more of every vitamin and mineral than is found in brown sugar. Where there are only 4.3 milligrams of potassium in a cup of brown sugar, there are 1,125 mg in Sucanat. There is no vitamin A or vitamin C in either white or brown sugar, but there are 1,600 IU of vitamin A in third of the recommended daily all the same, 49.5 mg of calcium and two-thirds of the recommended daily allowance of vitamin C in Sucanat.

Perhaps most important, for healthy teeth and bones, Sucanat has trace minerals, including 46 mg (in grams) of GTF chromium, an important mineral often lacking in the American diet, which helps prevent cardiovascular disease and diabetes by using carbohydrates efficiently. Marcus Lauer, a naturopathic physician, notes, “For diabetes and other complications of aging, Sucanat is a ‘functional’ food,” and it didn’t take him long to persuade his colleagues. Beverly Hills Summa medical director, Dr. Joshua Lichtberg, to try the sweetener. Lichtberg was impressed. “Sucanat,” he says, “is useful for diabetes, hyperactive children, severely allergic individuals—anyone, really, who wants sweetness without the detrimental health effects of white sugar.”

Promotec is still, by self-report, “a small company with modest resources and under $2 million in sales per year.” But don’t be surprised if you begin to see “evaporated sugar-cane juice (Sucanat)” on bakery labels in a big way in the future. R.W. Frokides (cooking), the Legume company (Barat chocolate bars), Sogo (cheesecake and water) and the Boston natural-foods chain Bread, are all current Sucanat users in their products. Barbara bakery of Petaluma, California, has been investigating Sucanat for some time, “primarily because of its organic nature,” says president Gil Pritchard. However, he is now seeking for more information on Sucanat in dentistry, because his company’s baked goods are already suitable for diabetics.

He’s also lured by the distinct sweetness of Sucanat. “In terms of being a refined-sugar substitute in fruit jubes, Sucanat isn’t as perfect as they’d have you believe,” says Pritchard. “Long-term, it has great potential, but there’s still work to be done.”

At my house we’ve used Sucanat in our oat-bran cereal, “sugar” cookies, chocolate toffee and hot milk tea. It has also been a success as a lemonade sweetener at Natacha’s preschool. In terms of marketability, there may still be work to do on Sucanat. But as far as I’m concerned, it’s just fine as it is.

Carolyn Robbins is the author of two books on health, and she lectures widely on nutrition and wellness, and has been a health writer for the L.A. Weekly for the past six years. She is co-author of ‘Essential Supplementation,’ a culmination of 17 years in the health field. She is listed as an authority on health and nutrition in the Marquis Who’s Who and Who’s Who of America. She is a board member of the San Francisco Bay Area Women for Health, a non-profit health advocacy group. She lives in Marin County.
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**Superlist No. 494: Stores selling low-fat ice cream made on the premises**

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Although Double Rainbow ice cream is not made at the same location in which it’s sold, it’s manufactured in Palo Alto, and can be purchased at any of the 25 Double Rainbow Gourmet ice cream shops in the Bay Area, or at your local supermarket. All 25 shops carry three flavors of low-fat ice cream: chocolate, coffee, and vanilla.

For each selecting, we included the various low-fat and no-fat flavors available at each establishment, the number of scoops available, if any, and the price of a single scoop in the following chart. Also, keep in mind that since the ice cream may be fat-free, the additives, such as chocolate chips or nuts, are not.

**San Francisco**

Promotion’s Two flavors are 95% fat-free berry berry and espresso. Forty-nine cents, $1.25. Mon. Sat., 10 am-6 pm; Sun., noon-5 pm. 4 Birkenstock.

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**Marin**
Lappert’s Alaia has eight nectar flavors, including scented pecan, coconut almond fudge, chocolate nut fudge, rum raisin, strawberry shortcake, Kona mocha macadamia nut, Boston blueberry cheesecake and mint cookie. Six scoops, $1.75, Mon.-Fri., 8 am-10 pm. Sat. and Sun., 8 am-11 pm. 899 Bridgeway, Sausalito, (415) 330-0203.

Silberman’s Four flavors: mint chocolate chip, caramel pecan fudge, vanilla cream and chocolate fudge. Eighteen scoops, $1.25. Daily, 11 am-10 pm. 196 Northgate One, San Rafael, 458-9557 (714) 406.

—Shin Lee Loung
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Dashi Kaisei 401 8th St, San Francisco. Mon-Sat 11 AM till late. 253-6546.

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North Beach Bargain

New Saigon offers an extensive menu of Vietnamese dishes at bargain-basement prices

By Janet Haen

T HE NEW Saigon Restaur ant looked inviting to me the first time I peeked my head in the door. Its plain, straightforward interior looked rather old-fashioned and comfortable, and the menu offered all the usual good Vietnamese dishes, with prices I couldn't believe. I was intrigued, and wanted to see if the North Beach diamond-in-the-rough would turn out to be as good as it looked.

We started our first meal with Vietname se chicken salad ($3.50), which came out looking somewhat unappealing at first but turned out to be full of flavor as well as refreshingly simple and light. Consisting of shredded vegetables and small pieces of chicken in a creamy dressing, this salad is perfect for a warm summer evening meal or a light lunch. The barbecue beef or pork with lettuce ($4.95) was just sensational, and truly indicative of the balance and beauty of this cuisine. For this dish, a plate overflowing with lettuce leaves, fresh mint, pickled shallots, and strips of vegetables is followed by a plate of freshly grilled and very juicy meat and rice-stick noodles. The drier places some noodles, meat and any other ingredients from the large plate inside a lettuce leaf, wraps it up, dips it in a bit of sauce and gets a multitude of contrast textures, flavors and ingred ients in one bite.

Also very generous, and spicier than the chicken version, is the squid salad ($3.50). Cabbage, celery, scallions and lots of creamy mayonnaise, combined with slabs of rather tough squid, make this a healthy dinner or appetizer. The crispy, delicate Imperial Roll ($2.95), full of savory ground pork and vegetables, is much larger and higher in quality than most versions. Sautéed scallops, shrimp and vegetables ($5.95) tasted like a Chinese dish, and wasn't very good for me or my companion. The seafood and vegetables were as fresh and perfectly cooked as could be, but this is not a particularly inspired dish. The sautéed beef lung with hot chili sauce ($4.50) was spicy, tender and very good. This humble plate of beef with slivers of onion in a piquant but balanced sauce would be welcome on most any table.

The Vietnamese spring rolls ($2.75) were delicious with the beef. Unlike the usual Chinese noodles that have the same name, these are thin rice sticks, pan-fried in the shape of a large pancake and served with brightly colored broccoli, celery, snow peas, cabbage, shrimp and shiitake mushrooms and squares of fried bean curd. The huge portion and crisp vegetables make this dish filling, and a perfect companion to a bowl of pho or fried rice.

Lined under "Vietnamese Rice Noodle and Seafood" is a bright and simple plain dish called Shrimp cooked with Black Pepper in Clay Pot ($4.50). Stir-frying juicy prawns in a buttery, slightly peppery sauce are good with rice and a more complex dish, like the sautéed bean cake in coriander sauce ($3.50). The larger dish consists of broccoli, shrimp and shiitake mushrooms, enoki and squares of fresh bean curd served in a thick, coconut-based sauce that had a bit too much turmeric for me. The Vietnamese version of coconut sauce is spicy, like the Thai variety, but often is not as balanced or full of pure coconut flavor.

If you want beer, wine or a cocktail before dinner, there are plenty of places nearby to indulge, or you could buy a bottle up the street and bring it to dinner with you. I was actually happy to hear that the restaurant offers only soft drinks, since I was compelled to order one of my favorite things in life, Vietnamese-style iced coffee ($3.50). New Saigon's version was better than any of the others I've enjoyed in the past. A small, individual drip coffee pot with a layer of thick, sweet, condensed milk is delivered to each diners along with a tall glass of ice. When the strong coffee has finished dripping, you simply pour the whole lot over the ice, stir, and you have one creamy, chilled and very irresistible beverage.

Canned Mandarin orange juice imported from Korea has plenty of refresh ing pulp, and Grass jelly drinks are wonderfully refreshing and difficult to find in this country.

The immense menu, low prices and friendly atmosphere at New Saigon make this small Vietnamese restaurant a good, casual place to eat lunch or dinner. If you want to know that mostly Vietnamese people eat at New Saigon, then rest easy. And, unlike a neighboring Asian restaurant that's packed with business-suited types and generally has a line of people waiting for a table, New Saigon is ready and waiting for you now.

New Saigon Restaurant, 915 Kearny St., SF, 982-3253. Daily, 9 am-10 pm. No credit cards. Reservations accepted.

South Pacific

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Nan Yang is stepping up and continuing to create new dishes, such as our current favorite, Burmese Biriyani, that are constantly changing. We are creating our own style here at Nan Yang — as an extension to the new California cuisine — in our own way. All of this has been made possible because of your support as patrons.

301 8th Street
Oakland
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Thank You.

The San Francisco Bay Guardian | July 4, 1990 41
NOTHING BEATS A BUD
MICRO FILMS

OBDOMET MEESSES with
Midnight Oil's Peter Garrett. The
thoroughly shaven rock 'n' roll behemoth with progressive politics is a powerful man of words; during his band's in-
sighting June 23rd show in Berkeley's Greek Theatre, fans were scribbling madly to record the Australian radical's pro-
active quotes about Redwood Sunrisers, Greencamps, Aboriginal land rights, never giving in and being good to
each other. But Garrett is a man of direct action as well.
Only a handful of the Oid's politically potent songs (almost
from Diesel and Dust and the new Blue Sky Mining) were
musically memorable, but the smart and passionate lead
singer left a lasting imprint. As nearly 6,000 fans, all bald skull
gargantuan hands, he gave new meaning to "long arm
of the law." After cracking "I know you don't want to
believe that the Clash has broken up," and lecturing that
"the really strong know the difference between muscle and
heart," he warned rude slam dancers near the stage that he
wouldn't allow them to "spoil an Oil show" with their
thoughtless pummeling of their neighbors in the crowd,
"making it difficult for those who don't want it." Then
he stopped the show and actually started identifying the
individually that he wanted moved out, directing se-
tority to give them the heave. He even knelt down during a song
and collared one himself. Now that's extending
yourself to your audience! It was a risky and courageous
leap into the problematic arena between playing into the
"serious" mentality and self-policing against mindless
brutality. And it was a large part of the reason why Mid-
night Oil, despite routine musical ability (in hard-
rock/Beatles sound without the tune-craft), is an
important band.

—Dark Richardson

Clockwised from above
left: Midnight Oil
vocalist Peter Garrett;
upholster John
Cassavetes; Peter
Weiler as Robocop
(right).
Greece in San Francisco

Dining Out

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Janet Hazen, Bay Guardian

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A man in a robe who is revealed to be King Solomon.

The Ten Commandments

Robert Howard's "The Ecstasy of St. Luke, the Inventor, 1930"

"A man of no particular faith, a man of no particular ideology, a man of no particular..."

Robert Howard's "The Ecstasy of St. Luke, the Inventor, 1930"

"A man of no particular faith, a man of no particular ideology, a man of no particular..."

Robert Howard's "The Ecstasy of St. Luke, the Inventor, 1930"

"A man of no particular faith, a man of no particular ideology, a man of no particular..."

Robert Howard's "The Ecstasy of St. Luke, the Inventor, 1930"

"A man of no particular faith, a man of no particular ideology, a man of no particular..."
TRANSLATING ROCK bands is how Greg Freeman describes his work. A producer, engineer and owner of Lowdown Studios, a small, independent recording operation in San Francisco, Freeman "translates" the Bay Area's musical underground from raw, live sound into permanent recordings.

"Unlike the engineers at many larger studios, Freeman works directly with the musicians themselves. Though he works with only an eight-track system, the results stand out against a field of commercial recordings that are routinely mixed at 24-track studios and that often have budgets 100 times what Lowdown is allowed.

"The people we work with are all pretty much broke," adds Freeman, so when it comes to determining what they can afford, "I often have to shuttle their illusions. Many clients enter the studio with little experience and no real idea of what the sound they're after, so Freeman needs to develop a sense of what's possible and impossible for each artist. He believes the role of the producer is to make the music. This is only possible if the producers are happy and the recordings are good. Freeman's name reappears frequently on the production credits of Bay Area bands such as The Big Bad, The Thieves, and The Black Dog. Freeman is not only a producer, but also a musician himself, playing guitar and bass in several of the bands he records. His approach to recording is characterized by a spirit of experimentation and willingness to take risks. Freeman is passionate about the music he produces and is constantly looking for new ways to express it.
Tytus Twa

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868 7TH AVE NEW YORK 10001

Drummer Vladimir Tarasov, holding a photo of Duke Ellington.

ADifferent Drummer

Lithuanian jazz percussionist Vladimir Tarasov proves that the drums are as expressive as a Stravinsky.

By Derick Richardson

It is late November in snowy Vilnius, Lithuania, and Berkeley
musician/performance artist Greg Goodman, wearing a sleep
mask, is stroking the drums in the
Palace of Culture of Trade Unions. His Cecil Taylor-inspired plucked
strings, tam-tam and hi-hat sounds are being answered with reedy
sounds and wails by members of the Bay Area's Rova Saxophone
Quartet. On the stage between Goodman and Rova, drummer
Vladimir Tarasov is interjecting re-
struck, fractured-camo percussion.

By the end of the long improvisa-
tional piece, Tarasov is flitting at
his drum kit in a series of
gracefully controlled rhythmic outbursts.

Some in the audience are totally
misunderstood by the oxymoron, others are elevated. Our Lithuanian tour guide commented after the concert, "Please
tell your friends, I was not expecting
such a marvel!"

The extraordinary collaboration took place during a six-city Rova-General Tour of the Soviet Union last year. This Friday night, after an interview appearance on KPFK radio's "Morning Concert," Tarasov will make more musical miracles in collaboration with fellow drummer Andrew Cyrille at Koncept Cultural Gallery in Oakland. This, his exclusive Bay Area concert, will be only the second time the acclaimed
American musician has performed here.

Five years ago, Tarasov, arrived with the
Galicia Trio, the Soviet Union's most famous avant-garde jazz ens-
semble, to perform in the then Soviet Union.

When asked about the long journey, he said, "I was in this town, like this town," he
added, "but I have many problems with the government. The government did not like jazz, and I tried to open a jazz club." Not only did the authorities who banned him not like his "art music," they were alleged that the club sponsored a reading of a Boris Pasternak poem.

But Tarasov had options. A year
earlier, a big-band offshoot of the
caracters. To play a small place like the Bay Area, he said, "I know
how to make music, but I don't know how to make music about art."

This year, Tarasov's music has the power to move and the power to

 invocation. And the leader

Tarasov to "prove that we are
the move to the Baltic republics, but found that "after a few years we have
the same problems." Local officials said "No jazz, you must play commer-

By item, however, Tarasov has
founded an alliance with pianist
Yashaev and guitarist Vitali

Takarashvili, and with the addi-
tion of saxophonist Fedor Chiodo
in 1971, the Galenie Trio became the Soviet Union's foremost exponent of avant-garde, free-form, and improvised music. For 16 years the Trio explored instruments including
guitar, synthesizer, flute, violin, bass,
trombone, ocarina and hunting horns,
and sounds that were revolutionary by
almost any standard. The Galenie Trio
recordings have not been available in
the United States, but are highly valued by collectors.

The Trio came to an end three years ago. "After playing together for so long, I think the music went down— the musical idea was very professional, but there were other possibilities and we went our separate ways," Gzasiy emigrated to Israel and lives in Tel Aviv, writing music for movies and other studio proj-

ECTS, and Chiodo moved to Paris. Tarasov considers "little bit commercial
dazzle, pop and fan music."

If anything, Tarasov got further "out," experimenting with synthesizers,
drums, electronics, sampling, poetry, and voice. "Not so many people listen to the music in America, the drums," he says, "but in Soviet Union, Molotov with Khruschev are 2000 years old. The tunes are not recorded, my record's, it's unbelievable, and people buy them! I can't find them in the shops. This country is very hungry for contemporary art now."

For the past five months, Tarasov has been on tour throughout Europe.
He will be in Italy on March 18th, when Lithuania made its dramatic declara-
tion of independence. "All my friends call me in Rome to roll about," he
recalls. "You remember when Lithuania first made these declarations about freedom, and Moscow said 'No, that's impossible.' But now all the people make time, and Russia too. Now Russia has its own Communist Party. It is another wonder. Can you explain to me what is Soviet Union?"

Trans-National American enthusiasm for Tarasov's music, and his current work with Andrew Cyrille is making a past history that has been hidden in American collaboration. It draws on a creative core of musicians that, although the first pair met only five or six years ago, "We knew him 25 years before the records," Tarasov explains, "when he played with Cecil Taylor and Jimmy Lyons. It is the best music I've listened to from this time."

"When I play with Andrew, there are many conversations of drums, it is a very strange music for those people in the United States. But in the Soviet Union, we play in the most important halls, like the 10,000 seat Tchaikovsky Hall in Moscow. Our concert was shown on Moscow TV two times. I joke with Andrew, 'Maybe you are more known in Soviet Union than in the United States.'"

When Tarasov and Cyrille first played together in the Soviet Union three years ago, on a six-city tour of Moscow and Leningrad (now St.

Petersburg), Vilnius and Kaunas (Lithuania), he recalls, "it was during the same time that there was no music in the Soviet Union and he speaks with Gorbachev, and we say, 'We are in trouble.' Yesterday I was joking with Andrew, because we have the same songs, we are the same, the best ambassadors."
MOVIES

PATHFINDER. Directed by Nils Gaup. At the Four Star, S.F.

THE RAGGEDY RAWNEY. Directed by Bob Hoskins. At the Opera Plaza, S.F.

By Steve Warren

PATHFINDER AND THE RAGGEDY RAWNEY share a theme of "Communes against War," although they take place nearly a thousand years apart. The former is the better of the two, a 1980 Oscar nominee for Best Foreign Language Film that's just now receiving general release. If American teenagers had any taste it would be for a boys' film, but they seem better able to relate to mutant trolls who share their inclinations than to teenagers of another time and place who share only their feelings.

The first feature by Norwegian Lapp actor-turned-writer/director Nils Gaup (he's been snapped up by Disney for his sequel), Pathfinder is almost as vivid in its evocation of an ancient civilisation as The Navigator: An Odyssey across Time, without the latter's time-crapping escape to the modern world.

The exotic feeling is enhanced for San Franciscans because the world of the Lapps a millennium ago (as today) was covered with snow and ice. People banded together in small settlements, hunted with spears and bows and arrows and preferred to flee from danger rather than stand and face it, according to the ancient legend Gaup has adapted for the screen.

The best days — who even dress in black, no camouflage exists they — are the Tchudie, a band of mammoths from outside the Lapp society. In their first appearance in the film they kill a young girl, then chase and wound her 16-year-old brother Aign (Mikkel Gaup, no relation to the filmmaker) when he happens on the scene. Aign makes it to the nearest camp and warns the people of the approaching invaders (The Tchudie are coming!). They prepare to evacuate and head for the coast — great strategy: If they're not shot they can drown — while Aign argues for a preemptive strike. He gets a handful of men to come with him, but they're all killed in their first encounter with the Tchudie — except Aign, who is drafted into being a "pathfinder" and leading the enemy to the rest of the tribe.

With his own life expectancy extremely brief, you might think the heroic south would lead the warriors in the wrong direction, but nooo. However, while not quite a man, Aign is not without a plan.

Shortly before the Tchudie reach the camp, a curious, irrelevant scene is inserted for comic relief. The Lapp women are sitting naked around an encoded cleftstone when a man intrudes and says, "Oh, I must be in heaven!" They throw water on him, everybody laughs and he leaves.

This could have been a commercial concession, or we suspect the final scene is. I'm not familiar with the original legend, but I don't think it could have survived so long if the hero had returned for a happy, romantic ending instead of vanishing into the mists of mythology. Hey, Tchudie — or Pathfinder — take a sea song and make it better. The compromise could work to its advantage in the United States, as did in Norway.

The strangeness of the entire situation keeps us pleasantly off guard in terms of understanding what is really happening. Things we accept literally may be intended as metaphors, and vice versa. A speech by a tribal elder about seeing a reindeer bull is used to open the film and repeated later in context. As he talks of having seen it three times in his life, he invites the speech with the weight of Shakespeare's "Seven Ages of Man" soliloquy. I'm still not sure what it means, but it's not ironic.

The wide-screen photography is fine, especially if white is your favorite color, and a climactic avalanche is spectacular. If the young star was to come over here he could give the Dillons, Stevens, Cruises and Lowes a run for their money. Too violent for younger children, Pathfinder should appeal to selective audiences from their teens on up.

THE RAGGEDY RAWNEY isn't as safe a bet, even though it's more accessible. The dialogue in English rather than Lapp, and the setting is sometime in the 20th century. "Get up and act like a man," The Officer (Gavin O'Connor) tells Tom (Dexter Fletcher), the young recruit who's about to fire from his first take of battle in the opening scene. Tom obliges by giving the officer something neither better nor worse than a poke in the eye with a sharp stick, and taking off.

Better off with mimes: Dexter Fletcher plays the title role in The Raggedy Rawney.

After a long sprint, he leaps over Jessie (Zoe Nathanson), a young woman pedling in a field. They spend a pleasant night together, to the morn ing, Jessie rides off with a Gypsy caravan and Tom wanders on, finding a young orphan in a farmhouse. She's putting on makeup and makes Tom up too, then says, "You need a pretty dress," and throws over one his shoulders. She leads him outside to meet her "family," who have been killed and left on display as a warning to tramps and deserters.

Tom takes the him and decides to stay in drag (shades of the little- seen film Triple Echo) to avoid the army, which is spending more time hunting for draft-dodgers than engaging the enemy. He decides itself to the Gypsys, who are waiting for a "play," a magical maid-woman. The Gypsys are led by Darky (Bob Hoskins), Jessie's father, whose common-law wife Ellie (Sue Wannamaker) is a mongoloid son, Simon (Timothy West). We don't learn much about the Gypsys or the nature of their extended family relationships. In fact, when Jessie turns up pregnant — she and Tom don't stay intimate forever — and Darky reviews a lot of suspects, we haven't heard more of their names before.

The Gypsys take over a farm and succeed the owner by fixing the place up, contrary to the stereotype about Gypsys, who are throwing a wedding party that includes a fertility dance in a space bordered by white stones forming the shape of male genitalia.

Despite the Gypsys' determination to make life easier for their own from the army, Tom continues his masquerade. There's no reason for it, and he doesn't learn anything from the experience, as Dustin Hoffman did in Toy Soldier, so what's the point? Likewise, the film has an anti-war stance, but treats it as a given rather than making us think at all. There just doesn't seem to be a point to The Raggedy Rawney. It's an ensemble piece that doesn't stick with any character long enough to fully engage us. Only one character seems to benefit from the experience, but not through any logical progression. The magical powers hinted at in his first encounters with the Gypsys just evaporate and are forgotten. Fletcher, who has eat-your-heart-out-Mick Jagger lips, explored his androgyny in Caravaggio before going straight in The Rachel Papers. He plays most of his roles in mime, which is better than his line readings.

Hoskins, who made his feature- film acting debut with this film and co- wrote the script, gave himself a support role and handled his usual skill. He's created the character of the Gypsy leader decisively different — in that sense a welcome relief in the midst of summer blockbuster bull — but, while it hoovers on a harmless plane most of the time, it never quite makes it. Raggedy is the word for The Raggedy Rawney.
SUMMER READING... coming next week the Guardian's literary supplement with tips on book collecting and the word on new young adult fiction.

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BAABA MAAL AND DANDIE LENOL
At Slim's, SF, Wednesday June 27th.

By Derek Richardson

For most casual fanatics of world music, African pop is defined by the common thread of jazzy electric guitars, polyrhythmic multiple percussion and richly layered vocal harmonies. But Senegalese singer Baaba Maal got the attention of the United States through a virtually all-acoustic and vocally raw dust album with Gambian singer Mansour Seck, Djinn Leool.

The 1989 album, produced in London from a cassette recorded in 1984 and released here by Mango Island, is the first of its kind in the ever-growing world of worldbeat, a genre that combines Western and African music. The album is a testament to the power of music to bridge cultural gaps.

So the prospect of Baaba Maal making his Bay Area debut at Slim's with his electrified pop band was a mixed blessing. On the one hand, it means that we were not likely to hear much of the magical music from the raw masterwork, Djinn Leool. Moreover, all too many West African groups, especially when filtered through Parisian producers, have watered-down their sound for European pop consumption.

On the flip side, in the Due South - the on one hand, it means that we were not likely to hear much of the magical music from the raw masterwork, Djinn Leool. Moreover, all too many West African groups, especially when filtered through Parisian producers, have watered-down their sound for European pop consumption.

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THEATER

West Coast playwright Maria Fornes conducts an intensive playwriting workshop this weekend.

PLAYRIGHTS NOW!

SP hosts two playwrights festival this summer

Exuberant

continued from page 48

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But during the third number, after Basha urged us to close our eyes and let
the music take us to West Africa, the music started to move the house.
People at the front of the stage were dancing, and the activity moved like a river
rippling through the packed crowd to the back of the room. Hundreds of people
were clapping along as Basha Mau launched into his own wild, a cappella
cover of "Angie." The next time, a band made of African-like instruments on the
Mitos R&B, Basha ever the subjective
singing to sing along in his own West African language.

The musical high points of the two sets were a voice and percussion call-
and-response interchange between Basha Mau and talking drummer Massamba Diop, and the opening of the second set, when Basha played solo acoustic guitar and sang with Mannour Seleem and Touna Lo. The latter was a momentary re-creation of the mystical Djam Lareli sound, and could have been extended if the band had thought to bring along an acoustic guitar from Mannour. In his eccentric finger-picking style, Basha plucked a simple, doo-wop tune while thumping a simple repeating bass pattern. His

The works in progress will be a typical grab bag of styles and themes. Add to Steve's Rock's in Her Pocket, a comic drama about suicide in which the ghosts of Sylvia Plath, Plath, Trane Aebers and Virginia Woolf appear. Wendy Belden's Putting Out Fires concerns a "CIA, schoolmarm." Robert Pinet's The Empress a fictitious portrait of life in an institutional colony of AIDS pa-
itients. (Pianist died of AIDS this June, leaving the splash in the hands of collaborator-director Kelly Hill.) All BAFP readings and forums will be held at hotel at the Magic Theatre in Fort Mason Center (Buchanan and Marina, SF). Admission is free, though donations are welcomed. For a com-
plete schedule, call 411-8822.

West Coast Playwrights started up several years ago as a offshoot of BAFP. The group also focuses on play readings with post-show discussions, but this summer it plans a series of writing workshops as well. All events will be held at Guapa, 1563 Page in

The seven professed classes include an intensive playwriting workshop with nationally known dramatist Maria Fornea (July 7th-9th), a workshop on writing creative blocks led by John O'Keefe (July 16th-28th); and a one-day television-writing course with teleplay author-playwright Sean Clark (July 24th).

The WCP script-in-hand reading series runs on various dates from July 3rd through Aug. 16th, featuring new plays by four Northern California playwriting projects will be presented at the Magic Theatre in script-in-hand readings—most fol-

owed by open discussions between ac-
tors, writers and audience. In addition, BAFP plans two open forums: one on the actor's role in play development (on July 7th), another focusing on commercial producers and new plays (Aug. 13th).

Notes BAFP producer Rick Foster, "Our mission now is to seriously serve the playwright and the play. We decided earlier this year that the work we need to spend on production costs into actors and writers. This year, most of the scripts will get two readings, one at the beginning of the festival and one near the end, so playwrights can really see some progress." Foster signed the batch of scripts submitted to BAFP this year exceeded his expectations. "We were over-
whelmed by the number of good ones by writers we hadn't heard of," he

Says, "We had to say to half a dozen plays we wanted to develop." The group did say yes to new plays by established local authors (Jeanette Barroso, Philip Kan Gotanda, Millicent Dillon, Adele Edling Shank and Robert Pinet), and by relative newcomers (David Curran, Wendy Belden and Lester Minton).

UNLIKE PROSE, authors, most playwrights need to hear their work read aloud to make themselves along the way to com-
npletion. This summer two forums, the Bay Area Playwrights and West Coast Playwrights, will give some local dramatists the settings they need. The process can be exhilarating for the public, too, who are invited to listen in and encouraged to comment on what they hear.

BAFP is the older of the two con-
ferences, founded 15 years ago by Sam Shepard and Robert Woodruff. While formerly devoted to full-scale or workshop-style productions of new plays, this year's festival will be more element. From July 13th through Aug. 16th, budding works by nine Northern California playwrights will be presented at the Magic Theatre in script-in-hand readings—most fol-

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A RINGING CONCLUSION

SF Opera wraps up a successful ‘Ring’ cycle

By Stephen Starr

The second cycle of Wagner’s ‘Ring’ ended in its usual flaming glory — and confirmed the careers of some star performers. Jonas Martin, though not a newcomer, seems destined to handle the reins of future Brunnhildes, even as the current goddess of the role gradually wanes. James Morris, too, can plan to continue as the definitive Wotan for some time. Though he did not sing in this particular work, his force pervaded the entire cycle.

The three Norns, the daughters of Erda, added a distinctive, hung-over feeling to their performance as they opened with the spinning of the rope of fate. Sung by Birgitta Svendsen, Katherine Glinicki and Kathryn Day, the three set an appropriate tone of foreboding.

Facing some of the most demanding music and drama of the four Ring parts, Martin proved herself fully capable of the part of Brunnhilde. Her towering anger was not so much conveyed in an internal sense, but it was still credible. The final moments of the opera were dominated by her presence.

Rene Kollo, playing Siegfried, held his own. His last vocal performance came in his scene with Gunther, sung by Michael Devlin, in which the two swear blood brotherhood to each other. At other points, however, Kollo’s energy seemed to flag, though fortunately not at the crucial point when he overpowers Brunhilde and seizes the ring.

The supporting roles were well-managed; Gunther, for example, came across very well. Having witnessed Daland’s impressive powers as Johannes in Strauss’s ‘Salome,’ I was pleased to see him not overplay this character, who is something of a wimp. Hagen was portrayed by Erik Hallarson (who also played Fasolt in Das Rheingold). Here he’s much better, blending quiet irony with an exceptionally powerful voice. Hagen’s half-brother Gutrune was re-created by Karrar Day. She infused her part with more power, as is necessary to the role, but certainly making an impression. Katherine Glinicki’s Waltraute lent a breathless angst to her part; in conflict with Brunnhilde, she depicts at the inevitable collapse of the gods.

Textually, ‘Gotterdammerung’ leaves people with nagging questions that even Wagner never answered satisfactorily. Why, for example, when the ring is returned to the Rheingold, do the gods still have to perish? But the opera has never had to make complete sense to be workable; as Wagner suggested, people can understand through the music.

Co that score, conductor Peter Schneider excelled. Except for some lackluster moments in ‘Siegfried,’ he led the players in a superior reading of the Ring. We can hope to see him back; perhaps then he could bring some top brass players from Bayreuth, as our own brass section was sadly assailed in places. Overall, though, the San Francisco production of Wagner’s masterpiece was a shining success.
6
TODAY

Inside Fireworks
This weekend of horror, action and
laughing begins with a champagne
reception and set of multimedia
skits. The open studio tour of the "environ-
mental installations," walk-to-wall sculp-
tings on the ceiling and murals to showcase.
Saturday, Oct. 11, Russell "Dial"
and Sonja perform their "Reel
eastal, Landscaper," piece,
Sunday's "Breakdown video per-
cy is the weekend finale, with a
fitness auction of pieces of the in-
stallation. It sounds like a neighborhood artist event, so
bring your laundry, your gear and
your coffee cup. Performances at 6:30 pm, studio Sat, and
10 pm, inside Fireworks Gallery, 3865
39th St, SF. 252-7027.

Hollywood Mavericks
What makes a Hollywood
dal? It's more than the anti-stylist, black-hair, brown-named, glasses in the
class room, the Dr. Seuss of the world. As Pete Bogdanovich and
theodor Seuss reveal, "Hollywood Handkerchief" is the
hollywood version of the Antagonist's name.

COMMUNITY OF WRITERS

By Kurt Wolf

ON ONE level, the
current disco "Seven-

days a week" is funny. We're
distanced enough from those
horrible songs to laugh, and most of
us have inhaled or forgotten about our "17 Days Disco" club
membership cards given out decades ago as promotional
materials by our local "real" rock
(ie. Nugent and Cheap Trick) radio
stations. Now, when we go into
dance club and hear those old
in Georgetown and minidiscs
about "bovver" and "hoolies,"
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Tenderloin Art Festival

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LAST CHANCE!
CARTOONISTS ENTER THE BAY GUARDIAN'S SIXTH ANNUAL CARTOON CONTEST: SEE PAGE 24 FOR DETAILS.

Unanimous Critical Acclaim!!
"Outrageous, very clever sight gags under the inspired theatrical spell of Smuin. HIGHEST RATING." - Dovd Nakhman, San Francisco Chronicle
"A howling, humorous musical. AN ABSOLUTE SCREAM!" - Tim Turlap, SF Weekly
"Go! GREAT FOR THE FAMILY! Pure entertainment. Don't miss it." - Jerry Friedman, KGO Radio
"A FUN, FUN SHOW. The summer howl." - Herbert Smith, Oakland Tribune
"I WAS UTTERLY CHARMED. Smuin pulls out the stops." - Hurst Fryer, San Jose Mercury News
"THE CAST IS BRILLIANT. A wonderfully silly spoof with screams of laughter and fear." - Barbara Bader, San Mateo Times
"THE WEREWOLVES ARE ASTOUNDING. No one can pace a show like Smuin." - James Aven, Portola-dei Times-Tribune

THE SAN FRANCISCO BAY GUARDIAN • JULY 4, 1990 55
GUARDIAN TOWER RECORDS/VIDEO & Hollywood Pictures invite you to a special screening of Steven Spielberg's

Arachnophobia

A THRILL-O-MEDY!

Come to Tower Records at the locations listed below on Friday, July 6th, during regular business hours and pick up your ticket good for two to this special screening to be held at Regency II on Thursday July 12 at 6pm. Tickets will be given out on a first-come, first served basis. Arachnophobia stars Jeff Daniels, Julian Sands, Harley Jane Kozak and Jonh Goodman. Rated PG-13 Employees of the Bay Guardian, Tower Records, Hollywood Pictures and their advertising agencies are not eligible.

Stonestown Galleria Market/Noe San Francisco Columbus/Bay San Francisco
SAT. MIDNIGHTS AT THE ROXIE!

*A piece of American Gothic that has the primitive energy of Sam Fuller and the dark humor of David Lynch. Hilarious, totally outrageous!* -KEVIN THOMAS, L.A. TIMES

**“**

**FRANKENHOOKER...BEST OF '90**

JOE BOB SAYS CHECK IT OUT!

"IF YOU ONLY WATCH ONE MOVIE THIS YEAR, IT SHOULD BE FRANKENHOOKER!"

-BILL MURRAY

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**Reperatory Theaters**

- **Asian Art Museum**
  The Wash Tower: Concrete and Steel, 1969, 90 min., City Lights
  Rome (1931), 90 min., Voci
  Fredric March, Greer Garson, Claude Rains, Edna May Oliver

- **Castro Theatre**
  Reel to Reel: From the Silent to the Digital, 2000, 109 min., The Museum of Modern Art
  THE BLACK TEAM: (1964 Colmar, France) 82 min., World Premiere

- **Japan Institute Center**
  Shigeru Ueda: Still & Motion, 71 min., Cinematheque
  S. T. T. L. T. (1972 Japan), 80 min., World Premiere

- **Japan Society**
  The Survivors of 1971: The Story of the Last Train Home, 1880, 90 min., World Premiere

- **Pompeii Archive**
  Archival footage of the Pompeii eruption, 79 AD

- **Reconstruction Center For The Homeless**
  Race: Black and White, 65 min., World Premiere

- **Russian Film Archive**
  The Life of Arrieta, 1933, 80 min., World Premiere

- **Sundance Film Archive**
  The Scottsboro Boys, 1931, 85 min., World Premiere

- **San Francisco Film Archive**
  The Scarlet Letter, 1893, 25 min., World Premiere

- **San Francisco Museum of Modern Art**
  The Last Train Home, 2006, 109 min., World Premiere

- **Tribeca Playhouse**
  The Great Gatsby, 1926, 83 min., World Premiere

- **Truckers Playhouse**
  Film Classics Festival: The Wizard of Oz, 1939, 106 min., World Premiere

- **The Castro Theatre**
  Reel to Reel: From the Silent to the Digital, 2000, 109 min., The Museum of Modern Art
  THE BLACK TEAM: (1964 Colmar, France) 82 min., World Premiere

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**Music Dance Clubs**

A complete guide to Bay Area dance clubs, bars, and other music venues, including jazz, rock, punk, and new wave.

- **Amelia's**
  Thurs.-Sat., 8:30-2 am, 4204 Divisadero St., San Francisco, 441-8200

- **Atlas**
  Fri-Sun, pop music for gay men, 715 Divisadero St., San Francisco, 441-8200
The first movie from the family that's truly ahead of its time!

STARTS FRIDAY, JULY 6th

Post / Fillmore
AMC Kabuki 8
Theatres + 73-74-800

Cinemas
UNITED ARTISTS
The Movies + 994-1066

ALSO STARTS FRIDAY AT THESE SELECTED BAY AREA THEATRES:

SAN FRANCISCO
Pacifica, Seaview
EAST BAY
Martinez, Contra Costa
Richmond, Hilltop Mall 1-4
Walnut Creek, Festival
Berkeley, Shattuck
Oakland, Century
Hayward, United Artists
Newark, CineCom 7 West
San Ramon, Crow Canyon
Oakland, Rockridge
Dublin, Dublin Cinema
Antioch, Plaza

PENINSULA
Millbrae, United Artists
San Mateo, GCC Fashion Island
Redwood City, United Artists

SAN JOSE
Mt. View, AMC Old Mill 6
Sunnyvale, AMC Sunnyvale 6
Pilipas, AMC Milpitas 10
San Jose, Meridian Quad
Saratoga, AMC Saratoga 6
San Jose, AMC Oakridge 6
Campbell, United Artists
Morgan Hill, Cinema 5

MARIN
Tiburon, Playhouse
Novato, Rowlane Plaza

NORTH COUNTRIES
Vallejo, Vallejo Plaza
Petaluma, Petaluma 8
Santa Rosa, Coddington
Fairfield, Solano Mall

SPECIAL ENGAGEMENT, NO PASSPES OR DISCOUNT COUPONS ACCEPTED

Come to Wendy’s for more Jetsons magic!
La Terraza Mon-Fri, Melrose; Sat, Sun, North American dance mix, No cover charge, 2427 Mission, SF 280-1326.
Le Montreal Mon-Sat, Latin and cajun, 7951 Lombard, SF 452-5656.
Le Panache Fri-Sun, worldbeat and reggae, 1150 California, SF 668-6882.
The New Martin Ranch Fri, "Cowboy with world acoustic and early Latin". Lessons in one room plus dance and go-go dancers in another, 1010 Polk, SF 965-2010.
Nighthawks Tues, "Guitars and Bottles" with "watering hole" right, "All the Funk That's Fit to Eat" Sat, 206 Novato Blvd., San Rafael, SF 927-7007.
Nutzo Tues, "Salsa" dance music for ages 16 and over, 4644 Geary, SF 392-4818.
The Stud Mon, Fri, Wood; Wed, Sat, Thues, Thrus, Sun, mod and top 40, dancing until 3 AM, 300 De Haro St., SF 398-8892.
Tauchle Sun, "Sights" dance music for ages 16 and over, 4644 Geary, SF 392-4818.
Townsend Thurs, "Townhouse" dance music for ages 16 and over, 4644 Geary, SF 392-4818.
Tribal Fri, "international" dance and world music, dancing until 4 AM, 300 De Haro St., SF 497-1121.
Trauma Fri, alternative dance music, 231 Valencia near 22nd, SF 495-8887.
The Underground Club Mon, "Agent Rainbow," island and latino, Thurs, 6 PM to 1 AM, 4217 18th St., SF 441-3070.
Rockin' Rob's Fri-Sat, 2400, "Thank You Night" Thurs, video screening, 10 PM, cover charge, 2414 Fillmore, SF 861-0993.
Rockin' Rob's Downtown Thurs, Sat, Sun, 4200 Market St., Sat, 4 PM to 1 AM, 424-0988.
Rawhide Nightly, country and western, no cover charge, 406 Sutter Bl., SF 433-7210.
Rama's Fri, Sat, and Mon, dance mix, reggae, 370 Embarcadero West, Daly City, SF 581-2351.
Riviera Nightly, country and western, no cover charge, 410 Sutter Bl., SF 433-7210.
Rockin' Rob's Fri-Sun, 2400, "Thank You Night" Thurs, video screening, 10 PM, cover charge, 2414 Fillmore, SF 861-0993.
Rockin' Rob's Downtown Thurs, Sat, Sun, 4200 Market St., Sat, 4 PM to 1 AM, 424-0988.
Silhouettes Mon-And, Fri-Sat, 2400, "Spanish Night" Fri-Sat, no cover charge, 2414 Fillmore, SF 861-0993.

7/1 Saturday
Altaroom With Cubicle Geodesics, Tipp Forest, Meschede Anshwein, Domingh College, Granada and America, San Rafael 450-4970.
Double Treble Ind, 9 pm, Pacifica Coastal Breeding, 1290 Washington, SF 385-8858, (Kenny 6:30 pm).
John Hartford Fri, 8 pm, Freight & Savings, 111 Addison, SF 246-1185.
San Kelly 6 pm, The Abbey Tavern, 410 Georgia, SF 277-0730.

8/2 Sunday
Blissgrass Festival Featuring High Country, Timmony and the Amadeus and Font Man, Meschede Amshwein, Domingh College, Granada and America, San Rafael 450-4970.
San Kelly 6 pm, The Abbey Tavern, 410 Georgia, SF 277-0730.
Double Treble (see Sat).

7/2/Monday
Traditional Irish Music Session With Tommy Fogerty, 20th Street Tavern, SF 941-8691.

8/5 Tuesday
At Elginner Sing Along 1 pm, West Coast Pre-Meeting, San Jose, CA 295-4500.

8/6 Tuesday
Gaylord Center at the Wurzburger and Harold Lloyd on the silent screen team up for a side-splitting performance of "GIRL SHY," 3211 Mission St., SF 485-6400.
405-5-400 702-1171 702-5237
CARNIVAL OF A MAMA VILLAGE
SAT-TUE 7/4
SAT-THU 7/4-10
NYC PREMIERE
SUNDAY JULY 10/10
POPLU VULH
WORKER ORDERED AND OPERATED
7/1 Saturday
Gaylord Center at the Wurzburger and Harold Lloyd on the silent screen team up for a side-splitting performance of "GIRL SHY," 3211 Mission St., SF 485-6400.
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CRITIC’S CHOICE/MOVIES

Hollywood Mavericks

The choices may be arguable, but no true film buff should miss these celebrations of Independence, a collection of titles and commentary by and about 17 great American... (by birth) in all cases moving directions, from David Wark Griffith to... (to read the full story, see FISHWAN)**
**FRIDAY, JULY 6**

**MARIN EARLY MUSIC FESTIVAL.** The Renaissance Workshop with Colin我们将表演：Mozart's Jerusalem, by Alexander S. Kolus. Mr. and Mrs. Donald H. Bokker, 1701 Park Ave., Oakland, 562-0026.

**SF SYMPHONY:** The Symphony continues its 10th Season with a performance of Dvořák's New World Symphony, under the direction of David Steinberg, Hall of Fame and Court, 801 San Francisco, 844-3800.

**Monday, July 9**

**SCHOLA CANTORUM** Gregory Was conducts an a cappella sing-along with Varden's Aiskom, 8 p.m., Feldman College Theater, 77745, 864-0026.

**TUESDAY, JULY 10**

**MINIATURE MOZART FESTIVAL.** The festival begins with the overture to Mozart's The Magic Flute. An evening of Mozart for 2-3 people, 6:30 p.m., Orchestra and Piano Concerto No. 29 in a major, 8 p.m., Harlem Theater, 840 Noe and Mission, 831-6377.

**WEDNESDAY, JULY 11**

**Ajif WAKEN:** The organist performs works by Dieter, Dutilleux and Masaoka, 12:30 p.m., 6th St., Musical Church, 1123 California, 855-3245.
9/Monday

- Big Bones with Paul Simon, Hotel Utah, 500 South St., Salt Lake City, 84103, 459-2277.
- Big Deal $5, Lou’s Par 74, 409 Jefferson St., 771-9277.

- "Blue Monday" with Chuck Bump, 9:30 p.m., 19 Broadway, Fairies, 458-1259.
- B.B. Brecker, Lou’s Par 74, 409 Jefferson St., 771-9277.
- Chris Cobb 9:30 p.m., New George’s, 542 Fourth St., San Francisco, 621-5410.
- Flesh and Spirit 10:30 p.m., Night Club 651, 651 Fourth St., San Francisco, 986-2608.
- Jigsaw Seen with Jimmy Tokio and Organ Sinewires, 10 p.m., Paradise Lounge, 1111 6th St., Oakland, 691-6906.
- Marco Masoccoli with Miss Spider 9 p.m., Above Par, 308 11th St. (at Polk St.), San Francisco, 681-9666.
- Mike Maniger Tree 9:30 p.m., Blue Lamp, 561 Grant St., SF 989-1664.
- Monday Jam Party with Steve Gann, 9:30 p.m., Larry Bank, 2575 Telegraph, Berkeley, 548-0508.
- Merci 9:30 p.m., Great American Music Hall, 855 Third St., San Francisco, 565-7050.
- The Solid Senders 6 p.m., Stender’s, 1331 6th St., San Francisco, 621-5410.
- Stephen Spain 9 p.m., New Tanz & Fastwax, 2340 Union, San Francisco, 565-2012. (Also Silver.)

10/Tuesday

- Tim Bedow with Milton Morris 9:30 p.m., 404 South St., Bar B-Q King, 771-9277.
- The Church with The Blue Aces’ Parts 8, Field Print Theatre, Market, 765-8449.
- Circle Arts Synopsis of 800, The Ak, 1319 Market St., SF 555-0999.
- Chaka Fades with Chaka Safire 9 p.m., Street’s, 511 11th St., SF 621-5410.
- 4 Non Blondes 10 p.m., Female Tongue at the Nightwings, 1251 Hayes, SF 459-8130.
- The Greatful Bees 6 p.m., Last Exit, 1319 Market St., SF 555-0999.
- Johnny Nitro 9-10 p.m., Blue Lamp, 561 Grant St., SF 989-1664.
- Open Mike with Oxana Olson 9:30 p.m., Maze, 359 11th St. (at Market), SF 955-0999.
- Paint It Black 9 p.m., Perry’s Music Bar, 20 Broadway, Fairies, 458-1259.
- Poco 6 p.m., Luther Byrds Center for Music, 2464 Shafter, SF 988-2323. (Also Sat-Sun 8-11 p.m., Corner Bar, 771 11th St. (at Van Ness Ave.), San Francisco, 510-7652.)
- Quadrophen 9 p.m., Roland’s, 2153 Van Ness St., SF 986-2012.
- Ray Walsh & Friends 9:30 p.m., 19 Broadway, Fairies, 458-1001.
- The Sandtanks with Above Par, 308 11th St. (at Polk St.), SF 986-8016.
- Mark Stanley 9:30 p.m., New Tanz & Fastwax, 2340 Union St., SF 986-2012.
- Top of War with Hall Head and Alex Cash 10 p.m., Hotel Grant, 1460 Grant St., 620 Fourth St, SF 989-8184.
- Nancy Westrom 9 p.m., Larry Bank, 2575 Telegraph, Berkeley, 847-0856.

11/Wednesday

- The Afghan Wigs with Boris Brain Jazz 9:30 p.m., Night Club 651, 651 Fourth St., San Francisco, 989-1664.
- Ted Butler with Blues International 9:30 p.m., Eddie’s, Mid High Club, 3263 Market, Luther King Jr. Way, SF 453-9450.
- Carbon Yard 9:30 p.m., Blue Lamp, 561 Grant St., SF 989-1664.
- Chester D. & His Blue Shadows 9 p.m., Luther’s, 6317 Telegraph, Berkeley, 548-0508.
- The Chuck Prophet Band 10 p.m., The Albatross, 535 10th St. (at Fourth), 552-9630. (Also Thurs. 10 p.m., 19 Broadway, Fairies, 458-1259.)
- First Memory 9:30 p.m., Full Moon Saloon, 773 Howard St., SF 771-9277.
- Johnny Nitro & the Doomsam- mantles 9:30 p.m., Lou’s Par 74, 409 Jefferson St., 771-9277.
- Raymond Kane with Leonard Heyward 9:30 p.m., Winter’s, 323 11th St., SF 623-3300.
- Luther Tucker Blues Jam 8:30 p.m., The Albatross, 535 10th St., SF 552-9630.
- Maximillion’s Motorcycle Club 7 p.m., Main Street Bar, 1747 Helwig, SF 698-2003.
- Mike Scharnik’s Jam Session 8 p.m., Bourbon’s Bar, 849 Townsend, SF 261-2600.
- Mamba Street 9 p.m., Roland’s, 2153 Van Ness St., SF 986-2012.
- Nobody Famous with Mark Mayo 9:30 p.m., New George’s, 542 Fourth St., San Francisco, 621-5410.
- Open Mike from Above Par, 308 11th St. (at Polk St.), SF 986-8016.
- Olga Scarcecore Band 9 p.m., The Corner Gate, 4 Whitehall Rd., Fairfields, 457-6476.
- Katia Rose See Sat.
- Cole Tale 9 p.m., Perry’s Music Bar, 20 Broadway, Fairies, 459-8130.
- This Is Our Daughter with Potential Theatre and Sam 1, 9 p.m., Full Moon Saloon, 1331 6th St., Polk St., SF 986-2010.
- Pow Wow Blues Band 8:30 p.m., hotel Utah, 500 South St., Salt Lake City, 841-6908.
- Wolfpack 9:30 p.m., 19 Broadway, Fairies, 459-6919.

12/Thursday

- Margi Allen 8 p.m., Bourbon’s Bar, 849 Townsend, SF 261-2600.
- "Battle of the Bands" Featuring Steel Trees and Live Under Water. 10 p.m., Bankhead, 11 Harding, Lake Merced, SF 459-8130.
- Beverly Stovall Blues Band 9:30 p.m., Blue Lamp, 561 Grant St., SF 989-1664.
- Big Chief 9:30 p.m., Stanley Rough, 3101 Eureka, SF 128-2822.
- Billy & the Beepers with Esotonic Off Limits, 6:30 p.m., New George’s, 642 Fourth St., San Francisco, 621-5410. (Also Fri. 9:30 p.m., Full Moon Saloon, 1331 6th St., Polk St., SF 986-2012)
- The Chuck Prophet Band See Wed.
- Counting the Sky 9:30 p.m., Fourth Street Tavern, 771 11th St., San Francisco, 401-5044.
- The Dinos 10 p.m., Paradise Lounge, 1111 6th St., and Polk St., SF 621-5410.
- Eugene & the Bluejeans 9 p.m., Larry Marks, 2378 Telegraph, Berkeley, 986-0446.
- Goodbye Liverpool 9:30 p.m., Blue Lamp, 561 Grant St., SF 989-1664.
- Hungry For More with The Rays, 9 p.m., 1014 11th St. (at Bryant St.), SF 493-4350.
- Ice Ball 8:30 p.m., Lost and Found Saloon, 1535 Grant, SF 387-5791.
- Jimmy Reed 9:30 p.m., Great American Music Hall, 855 Third St., SF 552-0703.
- Sassa 9:30 p.m., 19 Broadway, Fairies, 458-1051.
- Stephen Spain (See Mon.)
- Stepping Stone Band 9 p.m., Roland’s, 2153 Van Ness St., SF 986-2012.
- The Sundays 9 p.m., Street’s, 533 11th St., SF 621-3333.
- Those Amazing Novak Brothers (See Thu.) Above Par, 308 11th St. (at Polk St.), SF 986-8016.

See WILSON PHILLIPS

WE CONCORD PAVILION JULY 6TH

SPECIAL EVENT JULY 9TH, while supplies last.
Kimball's Big City
836 MISSION @ 41TH/5TH STS. • 957-1825
FRIDAY & SATURDAYS DANCE TO 4AM
DOORS 10PM • COMPLIMENTARY ADMISSION W/AD • $5 W/OUT AD
continued from previous page

- Stan Krippner See Fri.
- War Tax Resisters Northern Cal-
- MCA Conferences 7/29
- Joanna Spencer and Tabba Lapa-
- Monday
- Tomas Longinoso's The Vegetarian
- Wednesday, July 11
- Noma Moore — "And Then Some"
- July 13 - 14
- Exciting California/Japanese Cuisine!!!
- Wednesday, July 11
- Don Moores "And Then Some"
- Thursday, July 12
- Paul McCandless Group
- Micro Brewery Tasting
- Weds. July 11
- MUSIC SCHEDULE
- Mondays
- Don and Roger.
- Jazz Duo.
- Tuesdays
- 8:30 - 11:30 pm
- Fourpenny Watts
- Wednesdays
- Mike Hark.
- Jazz Piano.
- Thursdays
- 7:30 - 11:30 pm
- Pub Best
- Lunch and Dinner
- 155 Columbus Avenue
- 415/344-3344
- The Plough & The Stars,
- 16 Creamer St.,
- San Francisco
- Wed., Thu., Fri. 9pm
- FREE admission.
- Wednesday, July 4
- Games at 11pm.
- Thursday, July 5
- 2:30 pm.
- Thursdays
- Thalia.
- 10:30 pm.
- Fridays
- Salsa & Mambo_indentments
- Tuesdays
- 10:30 pm.
- Saturdays
- Tango & Latin
- 10:30 pm.
- Sundays
- 11:30 am.
- Mondays
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- Sundays
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Leaven Tect.
- "From the didgeridoo to the ice scraper, Leaven Tect. draw together a feeling of the idiosyncratic crest of the Bay Area's musical line. What happens when children after they have been ex-
- "what happens when children after they have been ex-
- Worried Party: Joni Cruz, Whitman morning wonder, robotic sound, and create a space with the audience.
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SOCCER WORLD CUP '80
+ Big Screen TV + Tropical + Drinks + Food + Fun
Call for Game time information.

Mondays & Tuesdays
JAZZ BRASIL w/ LIGIA WAIB
9pm • No Cover
Lambada Demo Classes
Wed. at 8 pm & Sun. at 7 pm • $7
with admission to the club
Coming soon Bahia Brasil! at the Wharf
1600 Market St. (at Franklin).
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BABY BOOMER SUBWOOFER
A & S Speakers Proudly
announces the arrival of our Baby Boomer subwoofer
The Baby Boomer adds immersive bass to your system without sacrificing a room. Visually or soundly. Available fully assembled in a kit form. Complete speaker kits are either your cut or non cut available, for beggars and audiophiles.
A & S Speakers
Specializing in Home & Auto Sound
Mon-Fri 9-5, Sat. 10-5
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CHALKERS
Billiard Club
50th St. at Hollis • Emeryville • 658-5921
on the north side of Pearl #160

LADIES NIGHT
Thursdays
3-8pm
all ladies $5 admission

FOR CIVILIZED FUN!

• The Bay Area’s
  Premier Billiard Club
• 20 Custom Tables
• Pre-Construction
• Heated Room Lounge
• Party Facilities
• Free Parking

WED, JULY 6 • FREE Show Starts at 10pm.
WORLD ENTERTAINMENT WAR
Medicine Man/Baby Flamehead
THURS., JULY 9-10 Ads EVERY THURSDAY AT THE I-BEAM CLUB
THRU PRESENTS
The Original Band Members Lee Mitchell & Donna Pears
THE BAY CITY ROLLERS
FOR MORE INFORMATION ON CLUB CALL 415-777-7079

FRIDAYS, JULY 6-15 Ads & 5 Doors $F Weekly Present:
BRUTICUS MAXIMUS
From Chico 5F Exclusive

Lunch with God
SAT, JULY 7-15 Ads & 5 Doors $AM Present: KUSEK & K2ZU $Co-Prese:-
A Sonoma Performance of "MEDIA: THE HOLY SHRDLU"

TOOTH & NAIL/Love Club
WED, JULY 11 & 18 Best Stations & KUSP Presents: FREE!
MAXIMILLION’S MOTORCYCLE CLUB
Jackson Snakes/Atomic Snakes
SHOWSTARTS AT 1PM
PRL, JULY 14 & 21 Ads & 5 Door $S Weekly Present, KALX Co-Prese:
SMOKING SECTION SHOWSTARTS AT 1PM
Johnny’s Problem/Spauld
From Immisco TX/Bay Area Exclusive

SAT, JULY 14 $AM Presents
BOMB/Green JelloFrom LA/Bay Area Exclusive/FREE

WED, JULY 14th FREE!@HAY GUARDIAN & KALX Co-present:
BIG LOVE REUNION/The Sebastians
FRIDAYS, JULY 15 Ads & 5 Doors $Weekly Present: SHOWSTARTS AT 1PM FREE!
SHORT DOGS Growl Spot 1019 & Papa Wheelie
SAT, JULY 21 • NEW SHOW!

HAPPY MONDAYS $From the U.K., S.F. Exclusive, SINGLE GUEST $BA

SAT, JULY 28 $5 Ads & Door BAY GUARDIAN Present
VOICE FARM/SPECIAL GUESTS $BA

TRANSPORTATION:
1748 WASHINGTON STREET (AT COLD L) • 688-4023 • 21 & OVER
Aguanta, $ADD in tax. Hours: Mon-Sat 1-2 A.M. Sun 2-2 A.M.
THE SAN FRANCISCO BAY GUARDIAN | JULY 4, 1980 67
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334 Pacific St. (7th Ave.), San Francisco (415) 221-5786
Mon-Thurs 10-7, Fri-Sat 10-9, Sun 12-6

The Wizard of Oz - Alameda Children's Medical Theatre presents the play with up to 22 performances August 5 - 27 in Alameda's Children's Musical Theatre, 7700 Central Ave., Alameda.

Audre's Got Two Boyfriends - A magical/rock play in the style of a world premiere in 30 minutes. Directed by John H. and performed by Elsie C., plus more than 20 other arts, political and cultural leaders. Smith, a village artist who materializes as interest and she is growing up to be an artist. It's the story of a loving, life-affirming, emotionally complex relationship between two men from the same social, political and cultural backgrounds. The relationship is between the two men and the inherent beauty of their relationship. It's a story of love, beauty and truth.

Theatre

Opening

Othello - The Berkeley Shakespeare Festival presents this magisterial, Opera Final. A limited number of tickets are available for performance on Oct. 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31. Prices range from $10-$20. Information: 415-496-2888.


CRITIC'S CHOICE/Teater

The Grand Kabuki

The term Kabuki is actually an amalgamation of several words, most notably "kabuki-no-nama" (angels) and "kabuki no-yori" (hell). This form of "total theater," a blend of sight and sound, is extremely influential and has been a fixture on the stage for centuries. The Grand Kabuki Theatre in Tokyo is a well-known venue for these performances. The theatre's 33-member unit of actors and musicians is the designated Living National Treasure of Japan, setting up its

customary hammer (haiden, stage ramp) and presents two
works: Miehumi Sazuki, a far
• A "Dakon" performance, and Imanari, a legendary tale of
• As always in Kabuki, the male and female parts are both played by men.

In deference to the West, shows are often only half the
length of the five-hour performances common in Tokyo.

Miho Bager

The Grand Kabuki, Friday, 9:30 p.m.
and Saturday, 2 p.m.

Telender Hall, UC Berkeley, door open by

For More Information Call (415) 474-3914

Sponsored by McCallion-Foundation and Grants and Gifts for the Arts

Saturdays

June 23-Aug 25

10:00-9:00

Golden Gate Park

Music Concourse

BANDshell

FREE

The Summer Festival of Performing Arts at

You are cordially invited to attend the opening night performance of

Saturday, July 14, 1990
8:00 P.M.
Golden Gate Theater
1 Taylor Street
(at Golden Gate and Market Streets)

A special benefit for
San Francisco AIDS Foundation, Pets Are Wonderful Support, and Project Open Hand.

San Francisco BAY GUARDIAN | JULY 4, 1990
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Depending on photographers, photoshoots may need to be scheduled 6 months in advance.

Models/Actors visit DUPONT Talent Agency, 126 Post Street, Suite 500 or call 415.956.8023
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All Types

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MODEL MANAGEMENT
956-8023
You're invited... to the BEST relationship party in town!

Save up to 50% on NEW relationship ads!

**SUMMER SALE**
Tuesday, July 10, 3:00-8:00pm at the Bay Guardian's NEW offices: 520 Hampshire St., San Francisco (between Mariposa and 18th Streets)

YOU DESERVE THE BEST.
And that includes having your Relationship ad in The Best of San Francisco & the Bay Area on July 18th. It's the most popular, best read issue of the year, the one Bay Area singles pick up and save!

**Save money on your next ad while you:**
- Enjoy wine, cheese, and the BEST in conversation
- Meet some of the BEST people in the Bay Area
- Visit us in our new home (just 1/2 blocks from our old location.)
- **SAVE 50%*** when you come to our party!
- **SAVE 25%*** If you mail in coupon clipped from the Guardian with the words "BEST PARTY" written on it.

*Discounts available on Relationship ads only.

Where Happy Endings Begin.
When you see a ... Call 1-900-844-5555.

You can answer this ad now! call 1-900-844-5555

We're per minute.

Intellectual Homosexuals

Is it an anymore or just tied down? Only the prestigious, preppy-type homosexual may respond. Small talk is a must. Do not answer this ad unless you're willing to give a serious consideration to the offer. You must be able to attend the interview personally. The ad is closed to all others.

RELATIONSHIP AD OF THE WEEK

A great deal of the men and women who make up the world of the modern community have been turned off to the idea of a relationship that is meaningful, lasting, and fulfilling. Yet, despite the many obstacles, a relationship can be formed and sustained if the right conditions are met. The key to success is finding the right person to share your life with. This ad seeks to find that person, someone who is willing to work hard to make a relationship work. The ad places a high value on communication, understanding, and respect. If you are interested in finding a partner, please read on.

The ad states that the relationship is serious and intended for long-term commitment. It mentions a strong desire for a shared future and a willingness to undergo therapy if necessary. The ad also emphasizes the importance of honesty, trust, and love. The ad concludes by encouraging interested individuals to contact the poster via the phone number provided.

While the ad may seem daunting, it is important to remember that finding the right person is worth the effort. It is a journey that requires patience, openness, and a willingness to learn and grow. The ad provides a glimpse into the world of intellectual homosexuals and encourages them to take the first step towards finding a meaningful relationship.
When you see a ... Call 1-900-844-5555.

MEN SEEKING MEN

Adventures, 80-120. Tag, 100. Helps, on
the line! New Profile Partner Wanted.
Trans man wanted for massages.

rovers Employment.: 80, 100. Semi-

hardcore.

Adventures: 65-70, 100. Help, on
the line! New Profile Partner Wanted.
Trans man wanted for massages.

rovers Employment.: 80, 100. Semi-

hardcore.

For more information, please call 1-900-844-5555.

How to Answer Relationship Ads:

S.F. Bay Guardian Box 

860 Market St.

San Francisco, CA 94111

Questions? Call 1-800-289-9560

Minimum qualifications.

- You must be at least 21 years old.
- You must have a valid driver's license.
- You must have a personal vehicle.
- You must have a current California license.
- You must have a clean driving record.
- You must have a valid California registration.
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Men, women, gays, couples... something for everyone.
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Increase your chances!
99¢ per minute. No toll charges. Must be 18.

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Nation's Largest & Newest Dating Service
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FREE/FREE/FREE/FREE/FREE/FREE/FREE/FREE!
Leave Your Name & Message Call 1-800-388-8274
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Looking for Mr. or Ms. Right? With Talking Personal Ads, you can find that special someone, today! It's easy and only a phone call away. Here's how:

1. Just dial 1-900-860-1020
2. You'll hear Talking Personal Ads from eligible, successful people in your area who would like to meet you. Each ad is recorded in the person's own voice, so you can really tell what they're like.
3. Then record your own Talking Personal Ad. There's no need to give out your phone number because your private voice mailbox within hours will be filled with replies from other exciting singles. Take your pick! Have a date tonight! Your search stops here. We're here to help.

THE DATE CONNECTION
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Let us match you with one individual.
YOUR PRIVACY GUARANTEED
Midnight Moments
1-900-226-0226
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adults only
$2 per minute

WHITE LACE
1-900-988-5688
adults only $2 per minute

California Dreamgirls
more fun in the sun!
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1-900-988-0002
1-900-988-0003

MEN ONLY
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1-900-226-0002
adults only
$2 per minute

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ADULT MESSAGES
1-900-990-7685
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LOVE LINES
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990-5465
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long hot summer
the most fun under the sun
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$2 each minute

America's most wanted women
1-900-226-2666
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they're waiting for your call
$2 per minute over 18's only

AFTER MIDNIGHT
FOR ADULTS
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$2 PER MINUTE

Sounds of Love
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990-0009
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you never know who you might run into!
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Nice People • Free Brochure

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Volunteers Needed for High Blood Pressure Study.
Contact: Dr. E. 620-1464

TRAVEL COMPANION WANTED
A companion companion with Jake for a trip to Paris, Italy, Spain, and Morocco. Call Dr. Charpentier at 415-956-6250.

FRIENDS FOOD FUN

APRIL HOURS
Let's Go Sailing
Hop on board for a night of sailing on Paper Boats, a 65-foot luxury yacht. Reservations can be made from late April to mid-October. Call 939-7693.

ART PARTIES
Paper Art Jewelry Parties
Create your own jewelry to wear solo or give to a friend. Each party includes all materials and instruction to make your own jewelry at home. Call 939-1109.

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Caterers for Two or More
Tasting Catering
Propose events to taste like life.
Propose events to taste like life.

FAX YOUR AD!
Your ad must be faxed by 10 a.m. daily to ensure your ad is included.

EXCLUSIVE CATERING
Simple to Custom
Beautifully Personalized
Antiques, Estates, and Merchandise
415-668-9727

CLUBS
The Big Fella Brokers
Enjoy your favorite drink with friends at The Big Fella Brokers. We offer a wide range of wines, beers, and cocktails. Call 939-3999.

Gala Night for Men & Women
Put your best finery on and enjoy an evening of fun and excitement. Call 939-8944.

WATER WANTED
Subscription to the new newsletter in the Bay Area. This email newsletter shares your love and offers a professional service for your home. Call The Water 755-3555.

Venture Out
The Speed Club for the Single Professional 35-45
Fellstown activities
Join us for fun and adventure. Call now. 952-950-2460

Parties Planning Made Easy
Tennison Enterprises
FIND Me FOOD FUn and plan your event. Call 939-6790.

Let's Be Busy Behind
There's a better place to meet friends on weekends or in the evenings. We have the perfect spots for you. Call 939-2550.

Party Planning Made Easy
Tennison Enterprises
FIND Me FOOD FUn and plan your event. Call 939-6790.

Get Away
It's a Party! Spare time...more...
We need a few days away from the regular routine. We want to enjoy each other's company, have some fun and make memories. If you're interested, contact us today.

Buy an old home in the Bay Area. Call 939-8944.

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Partners & Pals
for Every Interest

Sports Partners
Companions
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Inexpensive • Informal
Nice People • Free Brochure

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COMICS
Joke of the Day
Call and get our daily joke. Call 939-2485.

Only 99 cents a minute.

JULY 4, 1990 | THE SAN FRANCISCO BAY GUARDIAN
COMMERCIAL SPACE
5800 geography with Bay Window.
Downstairs near text.
And the place is nice.

IT'S A BABY
Buy a new baby! Or... a new.
Plants, pets, individual therapy, etc.
Store and small house.

Great Commercial Space
15,000 sq. ft. in Building.

OPPORTUNISTIC SPACE
Shops that open.
Department store.

GARAGE/STORAGE SPACE
GARAGE FOR CAR, rare Opera/Express, 1952.
1133 3rd Ave., #150.

PROPERTY FOR SALE
2 4 ACRES, $200/Month
GLASSBASIN, NAPA COUNTY, Nevada reservation.
Duck, mule

INVESTMENTS
FOR SALE Magnificent 15-room beaver.

HOMES FOR SALE, S.F.

OLD DOS SANTOS, three bedrooms, two bath, short term, located.

APARTMENTS
GIVE US YOUR CLASSIFIED AD BY MONDAY NOON.

ANNOUNCING OUR SPECIAL LATE DEADLINE FOR EMPLOYMENT AND REAL ESTATE ADVERTISERS

You may ad in the Sunday paper didn't.

You may want to apply to the Guardian, but missed our regular Friday deadline. Or may you get a brilliant idea on Monday morning that can't wait until next week.

You're the Bay Guardian and you have accepted any Employment or Real Estate late deadline, no display ads or other categories. until 5:00 O'clock. And if you're working a new office, you may want a new office, living room, or share a rental.

Our new deadline lets you quick back to the market, and give it out before the weekend.

To find out more about this new service, call 225-7060 for rates and information. But no display ads or other categories. until 5:00 O'clock. And if you're working a new office, you may want a new office, living room, or share a rental.

I'm moving to The Fillmore Center.

It doesn't get any better than this - even in the movies. The city's most exciting restaurants, shops, and entertainment at your doorstep. And state-of-the-art 34,000 sq. ft. healthclub on-site. And underground parking and triple point security for your convenience.

So treat yourself like a star. Beautiful, intelligently designed studios, one and two bedroom apartments, penthouses, townhouses and corporate residences are all available. Call now. After all, why live a little, when you can live a lot!
TELEPHONE SERVICES 900

MALE massage
Guaranteed to release your tensions.
Call 24 hours, toll Free
1-900-246-2424
($1.95 each minute, $2.95 1st minute)
Call our underground directory HOT LINE, toll free
1-900-346-5463 95¢ per minute

Don’t spend your hard earned $$ on BAD MOVIES!

To hear our critic’s review
dial 1-900-988-2211 420
95¢ a minute

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Satanism? Drugs? Sex?
Find out which records you DON’T want your children buying!
CALL (900) 226-7282
$1.95 first minute $0.95 each additional minute

FIRST OF ALL, CALL.
INTEQ can get you all
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INTEQ is America’s premier computer information line.

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Checking Out Good Health

By Mikkel Herman

NEXT TIME you're at the Stanford Shopping Center buying your usual supply of expensive bath oils, pasta makers and the like, check behind The Emporium and you'll find a store that's not selling anything.

The new Health Library is in the business of giving, and its product is information. Whether it's nutrition, cancer, heart disease, AIDS or diabetes, you want to know more about, the library's wide assortment of videos, medical journals, books, newspaper articles and physician references is certain to have something about it — and for free.

Open since last August, the Library was established in response to a need expressed several years ago by Stanford Hospital's Director of Community and Patient Relations Jean Kennedy and Community Outreach Coordinator Kristine Erving, who noted that patients families were interested in educating themselves about health and illness issues. Limited space at the hospital and the realization that such a facility should be located within the community led to the library's present home at the shopping center.

Now run by co-directors Erving and Linda Romley-Irving, the small but well-appointed space features a database where you can quickly access articles and indexes according to topic. Two banks of file cabinets provide extensive and up-to-date newsletter and magazine clippings, while books arranged by subject allow for in-depth research.

For those more at home with armchair media, there's also a audiovisual center with more than 200 tapes. "This Little Addams Family, Cancer and Chemical Dependency" set the tone.

Although the Library most often draws people who are either making inquiries for themselves, friends or relatives, a section devoted to medical journals and reference texts serves the more technically inclined, like physicians and students researching papers.

The Library is open to everyone, and Erving says that visitors come from a wide range of social-economic backgrounds. She concedes, however, that its location in the Stanford Center alongside high-end boutiques may tend to discourage people in lower income brackets. To combat that and assess community needs, the Library has undertaken an outreach project in conjunction with the Junior League.

Funding for the Library comes mainly from the Stanford Hospital and other clinics in the Palo Alto area. With only three paid employees and 40 volunteers, the Library has an annual budget of $240,000. $50,000 of which is rent, and is provided by the shopping center.

According to Erving and others at the Library, Planetree Health Resource Center in San Francisco is the only other facility in the Bay Area that specifically provides free health information. Erving observed that, due to its sponsorship by classes and hospitals, the Stanford Library is less likely than the donor-funded Planetree to have information about practices and topics not recognized by Western medicine.

For more information about the Stanford Health Library, call 725-8400.

Oletha Burger, 74, has used the Synchroenergizer for more than three years.

Head Games

By Miriam Wolf

I WAS laced, my nerves were shot, my body was tense and my brain seemed incapable of concentrating on one thought for more than 20 seconds. I needed some stress management, and I needed it bad.

So I made an appointment to get synchroenergized.

No, it's nothing that happens to characters on Star Trek. Synchroenergizing, a stress-reducer that uses full-spectrum light and certain tones to induce relaxation, was patented in 1982 by Chilton Dennis Gorgas. The first synchroenergizing salon appeared in the Bay Area in 1987 — in Marin, of course.

Synchroenergizing is an appealing stress-reducer because it's so passive. Unlike sweaty exercise, emotional psychotherapy or addictive Valium, synchroenergizing involves nothing more than lying down, strapped on some goggles and headphones and experiencing a compelling sound and light show.

The goggles are equipped with lights that move on and off in patterns, while the headphones provide soothing music, environmental noises and harmonic tones. "The lights work on the brain while the tones are more body-oriented," according to Sharon Curtis, president of Less Stress, Inc., the Montgomery Street company that offers synchroenergizing in the Bay Area.

The process takes the client's brain through a playground of brainwave patterns, starting with beta, then alpha, then theta waves, allowing each individual to find his or her own rhythm. Being back in "the rhythm you had as a child is healthy and relaxing," Curtis says.

Although some users report that synchroenergizing brings on pleasant hallucinations ("It's like taking LSD without the drugs," comments one synchro-enthusiast), most people see rapidly shifting patterns of color and light. Interesting, since the goggle lights are colorless.

Curtis emphasizes the deep relaxation benefits of synchroenergizing, and it is true that muscles tend to turn to rubber after a 30-minute session. "Imagine the benefits to your inner organs, your blood vessels," she enthused after I emerged from the session, visibly relaxed.

Research is currently taking place to determine if repeated use of the Synchroenergizer can really enhance creativity, memory and understanding and expand mental powers, as well as help people kick habits and reduce pain. According to Gorgas, widely divergent groups are using the Synchroenergizer to reduce stress and enhance performance; they range from large corporations to the Olympic wrestling team to Miami's police department.

Synchroenergizing, however, is not without its risks. People who are taking certain types of medications, who are prone to seizures (like epileptics) or who are photosensitive should not use the equipment, since flashing lights can bring on seizures. And, in a very informal survey, some users complained of mild headaches and nausea after synchroenergizing.

At $90 per half-hour session, getting hooked on synchroenergizing could get a little expensive. Then there's the solution, though. For $600, Less Stress sells a home-use version of the Synchroenergizer, called Relaxman. This portable unit enables you to get the relaxing benefits of synchroenergizing any time.

While Synchroenergizer centers in other cities, notably New York, have a definite New Age atmosphere to them, Less Stress, with its Financial District location, is austere and professional. The company stresses the relaxation potential of the machine rather than the trippy qualities, and although Less Stress still offers sessions in its offices, it is aggressively attempting to market in-house sessions to corporations. Less Stress is also planning to open Silicon Valley locations in San Jose and Walnut Creek.

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4 Health & Fitness July 4, 1990 SF Bay Guardian
Working Hard At Being Well

Corporate wellness programs are turning worn-out workaholics into energized executives — and holding down health costs for their employers

By Jean Field

"Wellness started out as a warm and fuzzy concept, not something you'd associate with business. Now, with health care the most inflationary item in our society, it's a completely different story," says Nathan Neyman, marketing director of Exec-U-Fit, a San Francisco company that designs health programs for corporations.

Studies show that a well-designed health program decreases absenteeism, increases productivity and reduces workers' compensation and medical claims costs. But many corporations, especially small businesses, are taking a new approach to employee health. Instead of buying gym memberships, they're looking for creative ways to promote fitness on a budget — and more importantly, to involve employees who wouldn't ordinarily participate.

"If you buy everyone a corporate membership in a health club, after a few months, the only ones using it will be those people who would join on their own," says Neyman. "It's harder to reach people who need it the most," agrees Jacobson.

"You've got to provide programs that employees will use. Don't sponsor a triathlon if a walking club is more their speed."

TO REACH workers must at risk, from their sedentary lifestyles, companies use a variety of simple, low-cost strategies. Many local businesses sponsor informal walking groups before work and at lunch. Instead of hosting a Friday afternoon happy hour, companies are switching to volleyball, frisbee or softball games. At a real estate company in Kansas, employees jog on mini-trampolines while watching soccer games. Installing bike racks and showers encourages exercise at lunch hour, as well as environmentally conscious commuting.

Innovative promotion and incentives help encourage participation. At a Pleasanton firm, participants in the company's "Well Aware" program, designed by Exec-U-Fit, took part in an "Exercise Across America" campaign. During the ten-week "Marchathon," walkers racked up miles in a fictitious trek across the United States.

The key to a program's success, say most wellness professionals, is providing employees with the education and the skills necessary to take charge of their health. Most programs emphasize reaching out to people's bodies through their minds. "Fitness is the hardest part of the wellness program. People tend to snap off," says Karen Behnke, founder of Exec-U-Fit.

With education on nutrition, stress management and heart disease, however, employees become aware of their own health risks and the role exercise plays in a balanced, healthy lifestyle. Holding health fairs, providing screenings for high blood pressure and cholesterol and holding brown-bag seminars on health topics are an important part of corporate fitness programs.

"When a company focuses on a single program, it's less likely to do as well as one that emphasizes an integrated approach," says Kenneth L. Pollack, director of the Corporate Health Program at UCSF. "The more you do, the better it works in the long run."
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continued from previous page

need to create a culture, an overall commitment to the health of its employees. Pellerins project sets up model programs at 14 major corporations in the Bay Area, including AT&T, Apple, Bank of America, Chevron, Hewl- en-Packard, and Pacific Telephone, help-
ing them to create a strategic plan for meeting their wellness goals.

Even when employees have been educated about their health risks and have good intentions, their life more healthy. Many find the workplace undermines their healthy habits. Most company vend-
ing machines offer only greasy po-tato chips, candy bars and soda pop. Holding a meeting without coffee and doughnuts was once unheard of, and today workers are always offered cake and ice cream, whether employees are on a diet or not.

WHILE HEALTH-minded companies are changing that, a New Mexico bank served free fruit to employees once a week and found that doughnut consumption decreased 75 percent.

Providing no-smoking areas, serving fruit and mineral water instead of doughnuts and coffee, and having vending machines that serve healthy-

snacks in addition to soda, has helped employees stick to the fitness goals they've made.

Some companies are going even further by providing financial incen-
tives—like rebates on insurance pre-
miums—to keep blood pres-
ure and cholesterol levels down. Much of the emphasis is placed on risk appraisal and measuring for heart disease risk factors because it's such a threat to many U.S. workers—and to their insurance costs.

"It all takes is for one person to have a heart attack, and health-care costs for the whole group escalate," says Exce-Fit's Nayan. "Wellness programs are more and more accepted as a cost-containment method."

Although there are no definitive statistics on how much money a corpor-at fitness or wellness program saves a corporation, studies by individ-
ual companies, health-care prov-
iders and organizations show reduc-
tions in absenteeism and medical claims. "Most studies show that for every $1 invested, $2 to $5 is saved in workers' comp and medical claims," says Behnke, Exce-Fit's founder.

"By instituting a wellness program like this, the employer is saying 'We want to do something to keep good employees, keep the deductible high and not increase your premium.' Em-
ployees respond to that," Nayan says. "It's all about treating employ-
nees like an appreciating asset, and that increases morale and decreases turnover, which costs money.

Now in its tenth year, Exce-Fit has more than 100 clients, ranging from Pacific Telesis, with 200,000 employees, to businesses with only ten employees. This year, revenues are expected to exceed the $5 mil-
lion mark.

A typical Exce-Fit program starts with a consultation to determine the company's needs, and how much it expects to spend. "It averages about $100 per person," Behnke says, "but you can count up to $500 per employee for extensive pro-
grames for top executives.

Exce-Fit develops a promotions and incentive program, which can include cash prizes and the day off, and offers annual medical fitness screen-
ing with blood-pressure and chole-
sterol tests. Each employee receives a confidential report from a health-risk examiner. With few exceptions, records are kept in Exce-Fit's offices, and the corporation receives

only composite data. The data pro-
tices the health risks of the company. A company might find, for example, that 87 percent of its employees are at high risk for heart disease, or that 80 percent of them have high cho-
lesterol. The education and inter-
vention phase of the program helps reduce the health risks by setting up a gym, referring employees to smoking cessation clinics or other community resources and designing individual plans for each employee.

"More and more companies are seeing the need for integrated sys-

Program

for lunch if it's used exercising, free T-shirts and wellness re-
bates on health-insurance pre-
miums.

Make sure the work envi-
rment supports the efforts of the wellness project. Some com-
panies do this by serving fresh fruit and mineral water instead of doughnuts and coffee at meet-
ings, making healthy snacks available in the vending ma-

Programs and confidential.

Many workers are reluctant to trust the corporation with personal information that may coop-

are some form of evaluation.

Brown-bag seminars are good if no one throws up, and a gym that only has jocks in it doesn't do the results anyone any good.

Find out which programs work and which don't. Provide em-
ployees with some way to mea-
rage their progress, such as fol-
low-up exams.

continued from previous page
Canaries in A Coal Mine

Environmental illness may be the disease of the '90s, and health officials are just beginning to understand the magnitude of the problem

By Daphne Wysam

SUSAN MOLLOY sees a trend sweeping the industrialized world—a trend of weakened human immune systems, chronic fatigue syndromes, emotional and behavioral problems, strange viruses and multiple chemical sensitivity, all of which she believes are symptoms of the cumulative effect of environmental toxins on the body.

Molloy, an advocate for people disabled by environmental substances, fears these illnesses are in fact an indicator of the steady poisoning of our environment—all indoors and outdoors—and, in turn, the poisoning of ourselves.

She is not alone in this suspicion. In a 1979 report, the Surgeon General wrote: "There is virtually no major chronic disease to which environmental factors do not contribute, directly or indirectly."

And in the late '80s, it became increasingly apparent to many health officials, insurance corporations and employers that environmental illness is a serious health threat that could affect tens of thousands of people—and one that will have high costs, both personal and financial.

As someone who lives with multiple chemical sensitivity, Molloy works nights and days trying to share the information she has with the community at large about her illness; she gets so upset about the imminency of her task, sometimes she can hardly get the words out.

In fact, difficulty communicating is more than a symptom of Molloy's frustration. Stunned words, short-term memory loss and even possible brain damage are also symptoms of the mysterious illness she and other people say they experienced at the onset of the disease. Some never recover; others recover over several years of desensitization.

Oftentimes multiple chemical sensitivity renders people virtually incapable of functioning in anything but the most pristine of environments. An endless array of synthetic products and chemicals can set them off: polyester, acrylic, all fuels, newspapers, paints, dyes, glues, scented deodorants, anti-static cloting formulations, pesticides, perfumes, cosmetics and tobacco smoke, to name a few. Some claim microwave and computers also affect them. Molloy says she gets a reaction if she simply turns on a hot water faucet.

On the way to our interview, Molloy got stuck behind a truck belching out exhaust while workers painted white lines down the middle of the road. She usually likes to drive with oxygen in her car so that she can avoid being affected by such daily "chemical assaults" that overwhelm her physically and emotionally. Living in a monthly Social Security check of $630 makes it difficult for her to afford the more than $100 per month it costs to pay for her oxygen—oxygen she feels the state of California should cover under Medi-Cal, a demand she and several other people with MCS are making in a lawsuit against the California Department of Health Services.

But because the illness is still in its infancy and has not been recognized by the phobic bureaucracy of the state of California, for the time being Molloy must pay for the oxygen out of her own pocket. That month she went without.

"I'm getting stupid," she says, choking back tears and carefully getting up from her seat in the tidy Marin condominium where she and four others with MCS are telling their stories—stories of shattered careers, broken marriages or medical diagnoses of psychological problems that belie the disease.

Molloy is one of thousands across the country who lives with MCS. It has baffled the medical community and has the insurance industry in denial mode, perhaps because of the astronomical number of people who may be affected.

Multiple chemical sensitivity is a problem threatening to cause "significant economic consequences" by disabling otherwise healthy people, according to a recent report to the New Jersey State Department of Health Services. The report, authored by MTC Associates Professor Nicholas Ashford and Claudia Miller of the University of Texas in San Antonio, calls for im-

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Before and after: Katherine St. John was a successful model before environmental illness forced her out of the business.

mediate action from the private and public sectors in response to the growing numbers of people with MCS.

They are MCS developing in four categories of people: industrial workers, occupants of "light buildings," including office workers and school children; residents of communities whose water is contaminated by chemicals; and "individuals who have had personal and unique exposure to toxins such as radon, heavy metals, solvents, organic indoor air, or pesticides, drugs and consumer products."

The action Ashford and Miller recommend includes: the formation of a registry for the chemically sensitiv; much like those currently kept for other illnesses; information programs in clinics and health-care services; access to health and disability insurance and workers' compensation; suitable employment opportunities in workplaces free from toxins and dust, and available housing, and protective regulatory policies, including the creation of "environmentally acceptable areas" so that those who are chemically sensitive can enjoy greater participation in society.

Patricia, Disabilities Program Coordinator for the mayor's office, is proud to say that San Francisco is one of the first cities to take steps along the lines of those suggested by Ashford and Miller toward helping those with MCS.

"San Francisco does recognize environmental illness as a problem that's debilitating illness, and people with environmental illness are part of the disabled community within our definition of disability," says Patricia. "Therefore, people with environmental illness have been shuffled off to psychiatrists."

In a mandate by the mayor's office, through a task force being set up involving people with MCS, hopes to draft language for the state building code that would make state buildings accessible to people with MCS.

BUT MCS isn't the only illness associated with chemical exposure. Other, more subtle responses are reported within the medical literature as well. A National Academy of Sciences workshop in 1987 estimated that 15 percent of the population may suffer from an unspecified illness caused by exposure to chemicals, so-called "Sick Building Syndrome."

But, he reasons, if the building sickness is due to pollution inside, it is justifiably related and should not be confused with one another.

The symptoms of Sick Building Syndrome are a burning sensation in the teeth and gums, a persistent dry cough, runny or irritated nose, persistent fatigue, joint pain, headache, chest tightness and asthma-like symptoms.

In a report to Congress on Indoor Air Quality issued in August, the EPA posulates that building sickness is a result of two things happening in con-

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Karr was often the one to unpack the new computer and hook it all up. The carpeting in these buildings was, in many cases, newly laid, and the offices recently remodeled and the walls freshly painted. "We were going from one new building to another, to offices with windows or a view in the computer rooms, debugging the software, usually from 4 to 11 pm, after the employees had gone home, so we could get test runs under way," Karr says, adding, as if as an afterthought: "Usually when the ventilation system had been turned off." Tannenley knew the chemical concentrations in the air were getting high when the hardware started to fail because it was being eaten up by the chemicals. The computers were being kept cool through constant ventilation, but, says Tannenley, when heated up, the solvents that had been used in their manufacture became volatile and, in turn, more dangerous to breathe as the same air circulated in the rooms. Tannenley found herself coming home from work tired, with burning eyes, headaches and strong cravings for carbohydrates. "I had to trash my contact lenses every three months," said Tannenley. "They were absorbing so much of the chemicals they would get brittle and break." Karr and Tannenley remember the onset of their symptoms as an increased awareness of all the stuff that had affected them before. Their hands began to swell when they would handle paper fresh out of the laser printers, for example. Among other harmful substances in the towel used in laser printers are cyanogen and acrylonitrile, which, when heated, with as much chemicals, become more toxic. It took more than a decade before Karr's illness overwhelmed him; he was giving the presentation to a group of people at an international sales conference for Vitalink Computer when he realized he couldn't recognize the slides as his own. He was placed on probation by his boss for this mental lapse. He was then asked to do another presentation at a similar conference, this time in a newly carpeted, newly upholstered building. "I couldn't even get through my first slide," says Tannenley incredulously. For the first time in his life, Karr was fired. After some time off, as he tried to get back into his field, Karr found he wasn't even capable of remembering his own resume. "Employers thought I was lying about my own abilities." Karr and Tannenley are two of the more fortunate ones: They had enough money to not worry about where to place to live while they were disabled.

Katherine St. John was not so lucky. At Five-Foot-Ten, Katherine St. John weighs only 11 pounds. She has been making weak contributions to the conversation so far from the couch, and now brings out her modeling portfolio. "This was me five years ago," she says, her face pinched, pointing to a photo of a gorgeous model whose long dark hair frames classically beautiful features. "Grooming myself was something I had to go to every day. Now I can hardly get up the energy to wash and dry my hair every three days.

Sometimes I scare myself when I look in the mirror now," she says heavily. Although St. John does not know for certain what has brought her to this point, she suspects its origins in her childhood. Her family lived in a house on the edge of Denver's sprawling Stapleton International Airport, one of the few houses situated directly beneath planes as they descended toward the landing strip. Just before they landed, the planes would commonly dump their remaining fuel on the neighborhood where St. John lived for 12 years. As St. John grew older, she remained fairly healthy. She began working as a model in her late 20s, got married, and she and her husband, Charles, moved into a new "dream home" with new paint, new carpeting — the works.

Soon, however, she found herself suffering from tremendous depression. "I couldn't leave the home, I felt so bad, so lethargic," she says, her voice creaking with a heavy drawl. Although she was treated for depression, she found herself breaking down on the set with the lights and cameras on her. "I had lost my ability to cope, my ability to function," she says. "The camera leaves no margin for error — it reveals everything. So I had to quit modeling.

As her depression worsened, her marriage fell apart. She found work in an office building, a special high-rise — a "night" or energy-efficient building. There she found herself starting to suffer from bouts of what appeared to be food poisoning — digestive problems that persisted. Soon she could barely answer phones and write calls. Eventually, she did the first time in her life, St. John was fired. Now, after another failed marriage, St. John is completely disabled. Her immune system cannot tolerate the slightest irritant without collapsing into an exhausting battle as though fighting a terminal illness. As a result, she is constantly fatigued, cannot eat, and barely able to take care of herself. If she is anywhere near fresh paint, she will be gagged by a fierce depression once again.

She would be homeless were it not for the kindness of Karr and Tannenley, who have given her shelter until she can find it for herself. Meanwhile, they act as educators, helping her down the same road of awareness of her environment and the subsidies of her illness that they

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**SPORTSWEAR & BOOTS**

<table>
<thead>
<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Harrision Outfitter Baggie Shorts</td>
<td>$12.99</td>
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<tr>
<td>Quick Dryng Sport Short</td>
<td>$19.99</td>
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<td>Many Colors to Choose. Ulletix Sittting.</td>
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**THE NORTHE FACE CANOSS SPECIALS**

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<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Tough Cotton Canvas Shorts. Assorted Styles. Men's &amp; Women's Sizing.</td>
<td>$15.99</td>
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**HITCER SHERPA HIKING BOOT**

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<th>Item</th>
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<tr>
<td>Rugged Leather &amp; Nylon Hiking Boot.</td>
<td>$49.99</td>
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**EQUIPMENT**

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<tr>
<td>Windsy Pass by THE NORTH FACE.</td>
<td>$69.00</td>
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**ORNIT EXPRESS**

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<tr>
<td>25&quot; Tapered Sleeping Bag w/PolarGuard Insulation.</td>
<td>$110.00</td>
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**TARN**

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**SKEETER-23**

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<tr>
<td>2-Person, 3-Season Dome Tent of Aluminum Poles.</td>
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**BERKELEY PALO ALTO**

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<td>5th &amp; Gilman 526-3530</td>
<td>$300.00</td>
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**SAN FRANCISCO**

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<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>9th &amp; Howard 626-6444</td>
<td>$199.00</td>
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of the most toxic environments of all. Their constant disinfection with strong chemicals and use of synthetic materials make sick buildings with MGS fear the day that they will have to enter the doors of a hospital will be their last.

Marin General Hospital performed a balance on quite a few of its hospital last year in an effort to both avoid Sick Building Syndrome and to adequately be able to identify those who suffer from it — a new preventive procedure for hospitals in this old limit value (a standard for "safe" level of contaminants) — or 3-LV — claims that there is "no relation between. TLV's and the adverse health effects of chemicals on humans." He claims that TLD's, set by the American Conference for Governmental Industrial Hygienists, are based on "what is feasible" for industry, and not on conditions of health for humans.

While admitting that the results of Rapports's study are provocative, California Indoor Air Quality's Gin

Although inadequate ventilation and recirculated air is found in studies to be an aspect of work environments that bring on illness, adequate ventilation is only one factor in making a building safer for its occupants, according to German. Another possible method of making a building safer, still in its experimental phase, is a "balance," a procedure in which a new office building is heated to at least 90 degrees, and up to 100 degrees, for three days or more. Upon cooling, the building is then ventilated for several days or weeks before occupancy occurs. The theory is that any volatile organic compounds in the carpeting, the walls or the furnishings will "off gas" rapidly under such heat, when the building is empty, rather than slowly, while workers are present.

German has enlisted in five balance studious, but he is not convinced that it is the ultimate solution to the problem of chemical contamination in buildings. Bavarian can possibly make the work environment more toxic, German claims, pressed wood products, for example — plywood or particle board used for paneling — contain a large amount of formaldehyde. The formaldehyde may be heated up with the building, but once it's determined in such a dense object, it does not diffuse as rapidly. Instead, according to German, the building may make the formaldehyde in such products more likely to migrate out later, making the problem worse.

Another problem with balances is that the walls and building materials may simply absorb all of the off-gassed materials unless the building is thoroughly ventilated before, during and after the balance.

Hospitals, ironically, can be some health."

The hospital went one step further than a balance: Linda Tavares, a senior vice president of MGH, coordinated a study of the building producing that were used in the construction of the new wing and, whenever possible, on the same products. "We came up with much less toxic glues, paints, wall surface vinyls and so on, and the cost was negligible," she says.

Eliminating the chemicals used in disposing of a little more problematic, however. State laws require the use of certain chemicals to prevent the transportation of infectious diseases. But, says Tavares, wherever possible they opted for milder compounds, cutting out most aerosol products and using cleaners without odor.

We are trying to position ourselves to serve people with environmental illnesses, which is becoming quite the medical problem of the '80s," Tavares says. While slow but steady progress is being made in some quarters in an effort to avoid Sick Building Syndrome and to help those with MCS, medical studies suggest that the political system itself and the control over health and safety standards that regulate permissible chemical exposure levels in the workplace will have to change radically before any permanent change can be achieved. For years, health and safety standards have been set with absolutely no regard for human health effects, according to a recent study by Steven Rapport, professor of occupational health at the University of North Carolina. Rapport's study, published in May by the American Journal of Industrial Medicine, is based on several years of research on virtually every chemical for which there is a "threshold" in not too surprised. German says that the AGCIH would often see these standards for health and safety after performing retrospective studies and animal studies, none of which were predictive for human response to the chemicals involved, and no tests were done to determine such subjective, neurological responses in humans exposed to chemicals as are occurring in people with MCS.

Peter Mortague, head of the Environmental Research Foundation in Princeton, New Jersey, goes one step further: He charges that safety standards for chemicals are almost entirely manipulated by the chemical industry. He says that executives from Du Pont and Dow Chemical sit on the board of the AGCIH, determining which chemical safety standards are passed and which aren't.

Meanwhile, the ADA estimates building-related illnesses and poor indoor air quality accounting the nation $60 billion annually in lost work productivity — an estimate that doesn't take into account the medi cal and social costs of the debilitating illnesses it can lead to.

In the midst of all of this, people with MCS like Melody, St. John, Kerr and Tenney feel they are fighting an invisible uphill battle, unable that has already cost them their health and may cost them their lives.

At the same time, there is a sense that their battle for survival is serving a higher purpose. "If we make sick buildings safer, we'll be able to work again," says Melody. "And we'll be protecting other people in the process."

"We're like the minority education," adds St. John. "We're a warning for the rest of the world: The things we need to survive and heal ourselves are the things the planet needs to survive and heal itself."

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Putting A Price on Health Care

Six million Californians have no health insurance, and health-care costs are rising astronomically. Finally, the state Legislature is searching for solutions.

By Craig McLaughlin

STEVEN ESTRADA didn’t intend to be out on a limb for long when he became one of the 6 million Californians without medical insurance. He was 28 years old, healthy and starting his own business, drafting plans for the garment industry.

“My Steven was a big go-getter and he decided to follow the American dream,” his mother, Mary Lou Camacho, says. “He was going to wait until the end of the year before getting insurance to see if he could make it on his own. He took a one-year chance.”

Every year, millions of self-employed people, small-business owners, the working poor, the unemployed and people with chronic health problems are forced to take a similar chance because health insurance is either unaffordable or prohibitively expensive. The lucky ones stay healthy, but for many, like Steven Estrada, the buck runs out.

A few days before his 29th birthday, Estrada began having headaches that wouldn’t go away. Doctors eventually discovered that a malformed blood vessel in his brain was putting pressure on his brain. As a San Francis- cisco resident with no health insur- ance, Estrada was treated by the county hospital system. He was operated on at San Francisco General Hospital, but he never fully re- covered.

Immobilized and unable to speak, Estrada is now a resident of Laguna Honda Hospital. Camacho says she believes her son would have had better care, specifically access to better re- habilitation programs, if he’d had private health insurance. “His dad and I have become his physical the- rapists,” she says.

Camacho quit her job to take care of her son, and is now dependent on her husband’s insurance. “We’ve all become victims of the county system,” she says. “We’re a middle-class, average family that has always had insurance through working. If I got chronically ill now, I could end up a victim of the sys- tem, just like my son.”

The experience has brought home to Camacho just how exposed all Californians are to illness-induced pov- orty. “All of us are in a very vulner- able place of one day waking up and finding ourselves in a situation that is a long-term nightmarish,” she says. “I’m doing anything to wake up people in terms of the health care that we need in this country. It’s beyond our control.”

By all accounts, Camacho is right. Every interest group following health care, from public advocates to the insurance companies, agrees the Cali- fornia health-care system is in a shambles. By every measure — cost containment, percent uninsured, infant mortality, the adequacy of safety nets and more — our present sys- tem of procuring health care for state residents has failed.

No one agrees on how the problem should be solved, but all participants in the debate agree some sort of solution will be reached within the next three years. No fewer than eight bills are currently before the state Legislature dealing with health-care coverage. Every major interest — consumers, employers, doctors, hospitals and insurance companies — has its own proposal, rang- ing from minor tinkering with the status quo to government-financed system of universal health care.

In similar situations where hundreds or even thousands of people are in the game, the Legislature typically does nothing for fear of alienating one or more of the special interests — and the bag men that handle their campaign contri- butions. But in this instance, there is a major incentive to come up with a compromise solution in this or the next legislative session.

Consumer groups, led by the coalition Health Access, are threaten- ing a 1995 ballot initiative that would institute a government-run health-care system like the one in Britain. The prop- osal, which has strong support in the polls but will face well-funded opposition, stresses the bankruptcy of those who profit from the current “free-market” system. Every inter- est group seems reconciled to the fact that it will have to make some major concessions.

“We have to find a way for everyone to be able to afford a certain amount of health care,” says Dr. John Autman, a San Francisco health-care activist. “We have to find a way for everyone to be able to afford a certain amount of health care,” says Dr. John Autman, a San Francisco health-care activist. “We have to find a way for everyone to be able to afford a certain amount of health care,” says Dr. John Autman, a San Francisco health-care activist. “We have to find a way for everyone to be able to afford a certain amount of health care.”

At the same time, California residents have indicated a willingness to pay more in taxes to fund a government health-care program. It’s a situation similar to the one in Britain, where people have paid for national health care for several decades. But in California, the state is broke and the federal government has said no.

THE STATE’S health-care crisis is no news to policy-makers — in fact, it seems for a while last year that the state Assembly Speaker Willie Brown was pushing a health-insurance reform package, AB 350, and Health Access was trying to build a coalition to put

"We’ve all become victims of the county system": Steven Estrada, his mother Mary Lou Camacho and stepfather Robert Camacho.

continued on next page

How to Get Your Piece of The Rock

WHILE IT may take another two or three years to fashion a plan to solve the health insurance crisis, there are a few things businesses can do to help their employees and keep costs down.

In San Francisco, the United Way operates a plan called the United Way Employee Health Force. A coalition of dozens of groups, ranging from the Chamber of Commerce to Health Access, the task force specializes in finding insurance programs for the working uninsured.

“The type of businesses we’re trying to reach are uninsured employees that can afford a health plan, says Project Director Patricia Powers. “We’re facilitating the interaction between the business community.”

Small businesses that call the task force’s hotline, 772- HELP, get general informa- tion and a guidebook to 30 health plans willing to work with smaller companies. Powers says the group helped 1,500 businesses this way last year.

The task force is also looking at another way businesses can cut costs — group purchasing agreements. Under such a plan, businesses band together and negotiate with insurance companies for reduced rates. For example, provides umbrellas in- surance coverage for many of the smallest nonprofits in the Bay Area.

But Powers warns, “We are looking at it very carefully, because that is one of the group arrangements that have been done in the past. There’s little regulation in that area, and some of the people that have started these have been unscrupulous people.”

The United Way’s task force has one other piece of advice: “advance defense.” Low-risk groups can cut costs by self-insuring and setting their own insurance plans, leaving a pool of high-risk, high-cost enrollees to the rest of the market. At the same time, the experience of the pool might cause a rate increase.

C.M.

July 6, 1990 SF Bay Guardian | Health & Fitness 13
Health Access is opposed to any solution that doesn't provide insurance for the unemployed.

Health Access is promoting a government-run insurance program that would eliminate health insurance companies altogether. The plan would cover all state residents. The measure was introduced by Senate Nick Petris (D-East Bay) as SB 1268.

Margolin, one of the legislative experts on health insurance matters, is carrying his own bill, AB 339, that takes a different tack. Under his bill, sponsored last year by Health Access, the state would become a sole buyer for health insurance and would contract for insurance coverage with insurers. The state would negotiate the rates.

Doctors, hospitals and insurers are more interested in safeguarding the present system. Sen. John Ensign (R) has introduced legislation that would tie direct carrier subsidies to managed care. The new proposals have received some support from health care reformers who say the state could save billions of dollars by cutting out the middleman.

The proposals are a departure from the status quo and represent a major challenge to the state's movers and shakers. Some of the more radical proposals have been met with resistance, but the state's political leaders are determined to find a solution.

The state's health care system is under tremendous pressure from rising premiums, staffing shortages, and other problems. The state's population is growing faster than the workforce, putting increased demand on the health care system. The state's budget is also strained, making it difficult to fund health care initiatives.

The proposals discussed above are only a small part of the solutions being proposed. The state is also considering options such as a single-payer system, a state-run health insurance plan, and a system of direct contracts with health care providers.

The state's political leaders are under intense pressure to find a solution to the state's health care problems. The proposals discussed above are only a small part of the solutions being considered. The state is also considering options such as a single-payer system, a state-run health insurance plan, and a system of direct contracts with health care providers.

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